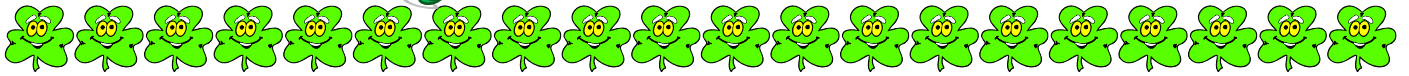


# Belvedere Heights News & Views March 2012



## Pet Corner



**Connie Sands-Harris** submitted this cute picture of her 3-year old pooch, **Chewy**. Looks like this Shiatsu/Yorkie is happy to be wearing his snuggly coat!

## Residents' Bill of Rights – Revised May 2010

7. Every Resident has the right to be told who is responsible for and who is providing the Resident's direct care.

## Grandparent's Brag Corner

### Barbara Coles Hugs her Little Visitors!

These precious children were captured on camera. (L-R) Barb's Great-great nephew **Jevon Bromley** from Waterloo (age 5 months) and Great-great grandson **Luke Chowns** (age 3 months) from Otter Lake share her lap. What a cute wee pair of lads! The Activity for the Soul Group at Belvedere has been praying for Luke, and this "miracle baby" is definitely an answer to prayer!



## 70<sup>th</sup> Wedding Anniversary



*Carl & Dorothy Norrie received guests at the Fireside Café to celebrate their 70<sup>th</sup> Anniversary. The Norries posed for a picture with a huge bucket of mixed roses to mark this very special, joyous occasion. Congratulations from all of us at Belvedere to a wonderful couple who have reached an incredible milestone most people only dream of attaining!*

## Inspirational Thought



**Rule 116 .... For a Better Way to Live**  
*If we pursue mere earthly gain,  
We choose a path that ends in pain;  
But joy remains within the soul  
When we pursue a heavenly goal*



**WHEN ASKED "WHAT THING ABOUT HUMANITY SURPRISES YOU THE MOST?" THE DALAI LAMA ANSWERED: "MAN....BECAUSE HE SACRIFICES MONEY TO RECUPERATE HIS HEALTH. AND THEN HE IS SO ANXIOUS ABOUT THE FUTURE**

**THAT HE DOES NOT ENJOY THE PRESENT; THE RESULT BEING THAT HE DOES NOT LIVE IN THE PRESENT OR THE FUTURE; HE LIVES AS IF HE IS NEVER GOING TO DIE, AND THEN DIES HAVING NEVER REALLY LIVED."**

*In Memorium*

*Deepest Sympathy is extended to the families of:  
Victor Carpenter  
Phyllis Lawson*



**Farewell Tribute to Belvedere Co-op Students from Parry Sound High School**



**(L-R) Bethany, Brittany and Kelsey** were each presented with a stuffed toy and a Belvedere Pin as a token of appreciation to remember us by!

*Welcome to New Residents:*

*Clarence Ferguson  
Verna Parr*

**Ralph Greer** was welcomed to Belvedere with one of Barb Sichewski's lap covers made with T.L.C.

Ever Wonder ...?



Why do people say they "slept like a baby" when babies wake up every couple hours?  
Why you are **IN** a movie, but you're **ON** T.V.?  
Why change is inevitable unless it's in a vending machine?

**Grandparents Answering Machine:**

"Good morning ... At present we are not at home, but please leave your message after the beep.

Beeeeeeppppp.....

If you are one of our children, **press 1** and then

select the option from 1 to 5 in order of "arrival" so we know who it is.

If you need us to stay with the children, **press 2**

If you want to borrow the car, **press 3**

If you want us to do your laundry, **press 4**

If you want the grandkids to sleep here tonight, **press 5**

If you want us to pick up the kids at school, **press 6**

If you want us to prepare a meal for Sunday or to have it delivered to your home, **press 7**

If you want to come to eat here, **press 8**

If you need money, **press 9**

If you are going to invite us to dinner, or take us to the theater, **start talking**, we are listening!!!!



**THERE IS SOMETHING WRONG WITH THIS PICTURE!**



**THE VALENTINE DECORATIONS ON BELVEDERE'S WINDOW OVERLOOKING GEORGIAN BAY ARE LOVELY, BUT AT THIS TIME OF YEAR THOSE AZURE WAVES IN THE VISTA SHOULD NOT BE ROLLING! WHERE ARE THE ALL THE FISH HUTS?**

**New Staff:**

**Staff News**



**Congratulations to Tina Radforth, Nursing Dept. on her transfer from a PSW to RPN position.**

**Guardian Angel \* Wayne Carlisle**

Wayne received his angel pin from Gene Donaldson of Family Council.



Congratulations, Wayne!



**Valentine Crafts**  
**Eileen Laing (on the left) and Dawn**

**Smith (below) proudly display their handiwork.)**

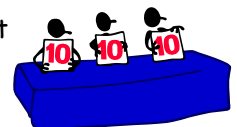


Several Residents enjoyed making Valentine Door Hangers under the skillful guidance of Teri Salt.



**Perfecting Valentine their Crafts..... (L-R) Ella Higman, Marlene Bissonette, Hester Black, Igne Kantor, Renate Koslowski, Dorothy Collins, Muriel Stewart, Barb Coles, Elin Anderson, and Teri Salt.**

**Bay Freeze Update** It looks like the bay might not freeze over this year, so the first person who guessed that it would not freeze over will win! We will consult with Judge Charlie Salt and a final decision may be reached as early as Easter. We still have some dates available if you think we'll have a cold snap in March!



**Snow Melt Contest .... Anyone?**  
If you lost out on the Bay Freeze Contest, you have a second chance! You now have an opportunity to guess the date of the snow melt on the lawn in front of

the Residence of Belview by the Bay. Same rules apply as last year - \$2.00 per guess at the Administration Office. The cut-off date to guess when the last granule of snow will disappear is April 5<sup>th</sup> (We do have a snow pile to work with.) Good luck!

## I'll Wear a Shamrock

St. Patrick's Day is with us,  
The day when all that's seen  
To right and left and everywhere  
Is green, green, green!



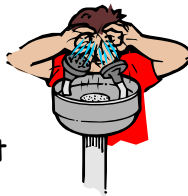
And Irish tunes they whistle  
And Irish songs they sing,  
Today each Irish lad walks out  
As proud as any king.



I'll wear a four-leaf shamrock  
On my coat, the glad day through,  
For my father and mother were Irish  
And I am Irish too!

## Health & Safety Tips

Do you know where the eye wash stations are? They will be difficult to find with something in your eye!



## Parry Sound History Display at Belvedere

The Residents and staff enjoyed the Historical Display put together by **Betty-Jo Peltomaki**, Programs Department (shown in picture beside one of her displays).



Dave Thomas Slides were also available to view in the chapel. It was well done, and enjoyed by all who stopped by. Of particular interest were the pictures of the Hotel Belvedere and input from the Residents.



## Tried & Tested Recipe



### **King Cake with Cream Cheese Filling**

- 2 tubes (8 oz each) refrigerated low fat Crescent Rolls
- 4 oz light cream cheese
- 2 tlbs confectioners' sugar
- 1 tsp vanilla extract
- 1/3 cup light brown sugar
- 2 tlbs butter, softened
- 3 tsp ground cinnamon

#### Icing:

- 1 cup confectioners' sugar
- 1-2 tlbs 2% milk
- 1/2 tsp vanilla extract
- Red & blue, (or purple); yellow & green food colouring

Unroll both tubes of crescent dough and separate into triangles. Place triangles on a greased 12 inch pizza pan, forming a ring with pointed ends facing toward the center and wide ends overlapping. Lightly press wide ends together. In a small bowl, beat cream cheese, confectioners' sugar and vanilla until smooth. Spoon the mixture over wide ends of ring. In another bowl, mix the brown sugar, butter and cinnamon until crumbly. Sprinkle over cream cheese mixture. Fold points over filling and fold wide ends over points. Bake at 350 degrees for 25 minutes or until golden brown. Cool 5 minutes. Drizzle purple, yellow & green icing sugar on triangles to resemble a crown on the cake. Serve warm. Flaky and delicious!

**Missing Resident Personal Items? Stop by to see our ADOC, Connie Sands-Harris - she may have what you are looking for!**

**Verna Parr**  
Moved to  
Belvedere  
Heights  
just in time  
to celebrate  
her 100<sup>th</sup>  
**Birthday!**

**Verna** is no stranger to us. She often visited her brother-in-law, Charlie Parr, her

sister-in-law Vera Johnson and her daughter-in-law's mother, Muriel Irvin, when they resided at Belvedere.

Verna has been a member of the Hospital Auxiliary since 1958. When asked her secret to living to be 100, Verna says she has always kept busy! She enjoys playing 500 and Cribbage at the Seniors Drop-In Centre; quilting, knitting and crocheting. She's the daughter of Victor and Florence Booth (Johnson). She was raised on George Street at Tower Hill and later as Mrs. Jim Parr, lived on Bay Street for over 70 years. Verna and her family spent their summers in their cottage at the Mink Islands while her father-in-law Sandy Parr and his sons were occupied as commercial fishermen. She has 2 children (Marg Jennings) and Robert; 4 grandchildren and 6 great grandchildren to enjoy. Verna drove her own car until 1991; her son Bob is now her chauffeur. Verna lived at Georgian Sunset Court for 2½ years before moving here on Feb 10<sup>th</sup>. We are delighted to meet Verna; wish her a very happy birthday and look forward to getting to know her better!

