



Belvedere Heights View from the Hill - May, 2017

Victoria Day is Monday, May 22, 2017!



Please help us welcome our newest Residents!

Bernice Campeau receives her "welcome afghan" from Resident Lynn Whitely.

Welcome Bernice!



Welcome



Donelda McConnell welcomes Dorothy Green with a "welcome afghan".

Welcome Dorothy!



Resident's Activities

Sing Song with Jo on April 11, 2017



Hat Dance on April 18, 2017



Pajama Party on April 19, 2017



Angel Pin Award winner:



“Every time a bell rings, an angel gets her wings.”
Last month it was Heather Campbell’s turn!
She is seen here with members of the Family Council
who presented her with an Angel Pin.

Congratulations Heather!

Tips from the Health and Safety Committee:

The hot weather will be here before we know it. Learn the signs of heat illnesses.

Heat Cramps – severe muscle cramps, hard tense muscles

Heat Exhaustion – heavy sweating, weakness, clammy skin, nausea, fainting

Heat Stroke – high body temperature, hot moist skin, rapid strong pulse,
unconsciousness



To prevent the initial signs of a heat illness, stay hydrated, keep cool and rest more often.



Deepest sympathy is extended to the Family and Friends of:

*Andrew Kantor
Eileen Laing*

“Grandmother – a wonderful mother with lots of practice.”

“A Grandmother pretends she doesn’t know who you are
on Hallowe’en.”

“If your baby is ‘beautiful and perfect, never cries or fusses,
sleeps on schedule and burps on demand, an angel
all the time,’ you’re the Grandma.”

“Grandma’s are moms with lots of frosting.”





Mother's Day is Sunday, May 14th, 2017!

Mother's Day Traditions Around the World

Mothers are celebrated in many countries on different dates and in different ways. While Mother's Day traditions and customs vary, everyone knows how important it is to honour moms for everything they do all year long.

In the **United Kingdom**, Mother's Day is celebrated on the fourth Sunday of Lent, and is called Mothering Sunday. It is celebrated in the same way as it is in America, with flowers, cards, gifts and family meals.

Brazil commemorates this special day on the second Sunday in May with special children's performances and church gatherings, which often culminate in large, multi-generational barbeques.

In **Germany**, Muttertag takes place on the second Sunday in May. Mother's Day traditions include giving of gifts, cards and flowers, as well as festive meals earmarking the day.

The **Japanese** celebrate Mother's Day on the second Sunday in May. It is symbolized by beautiful carnations which represent the gentle strength of mothers who are revered in Japanese culture. Like most other countries, Mother's Day is a day of pampering for moms—kids help take over the household chores, have a special family meal, like sushi or eggs, and give their mothers red carnations or roses and cards.

In **Australia** Mother's Day falls on the second Sunday in May. Chrysanthemums are a very popular floral choice, because mothers are called Mum. Aunts and Grandmothers are also acknowledged with gifts.

The second Sunday in May marks Mother's Day in **Peru**. Gifts and chocolates are given and joyous family meals are enjoyed. In Peru, children often give their moms handmade items, which are reciprocated with gifts from them, in turn.

Fetes des Meres takes place in **France** in late May or early June. It was originally declared a holiday by Napoleon. On this day, moms relax, relying on their children to cater to their needs and do the chores. Gifts are given and sometimes short, original poems are recited. A large, celebratory meal ends this relaxing, enjoyable day.



Happy Mother's Day !