

# Belvedere Heights News & Views May 2013



## Grandparent's Brag Corner

**Vera Thornborrow** (centre) stopped by with her son **Heath**, daughter-in-law **Samantha** and beautiful granddaughter less than a week old!



**Elizabeth Bailey**

**Thornborrow** arrived early on March 5, 2013, at 1:11 pm weighing in at 5 lbs, 3 oz. Her parents will be very busy as she has an older brother, Connor, at home to care for as well.

## **Belvedere's Annual Golf Fun Day**

The Golf Tournament will be held on **Sunday, June 2, 2013** at the Parry Sound Golf & Country Club. Mark your calendars for this great cause and expect to have lots of fun! Your participation will help support the Belvedere Resident Camping Experience at the CNIB Camp on Lake Joseph. If you are not a golfer, you can sponsor a hole or donate a prize. Call Carol Marshall at 705 774-7320 for more information.



## **70<sup>th</sup> Wedding Anniversary**

**Mary & Spencer Simpson** shared a special moment at the Fireside Café as they celebrated their 70<sup>th</sup> Wedding Anniversary on March 20<sup>th</sup>. Congratulations to



you both!

**Diane Beggs** was very popular with the Residents as she made her rounds in her Easter Bunny costume.



**Reta Bloomfield** loved her "Bunny" hug from Diane!

## **Staff Monthly Attendance Draws:**

2013 WINNERS

**Nursing Staff: Dawn Robinson**

**Support Staff: Tammy Frank**

Winning tickets were drawn by Muriel Crawford & Marlene Bissonette.

## **Residents' Bill of Rights – Revised May 2010**

21. Every Resident has the right to meet privately with his or her spouse or another person in a room that assures privacy.

## **NOTICE TO FAMILY MEMBERS:**

Please bring in Resident's **2012 Notice of Assessment** to Administration office as soon as possible **if** applying for a **Reduced Basic Accommodation Rate**.

## **Ever Wonder ...?**



**Why** the average woman is 5 inches shorter than the average man?

**Why** drinking two glasses of Gatorade can relieve headache pain almost immediately?

**Why** your thumb is the same length as your nose?

## **Pet Corner**

**Mel Harris** enjoyed a visit from **Moose**. This family pet came in with Perry & his son and was a real hit at Belvedere! Moose is a "Shi-Poo" and was just two months old in this picture.



**Heather Smith** (on right) presented **Mildred Tait** (on left) with the Easter Basket she won in the Fireside Draw.

MARCH



26 MARKED THE ANNIVERSARY OF 37

YEARS OF THE CARE AND SERVICE OF "TERI SALT".  
 THANK YOU FROM THE RESIDENTS, FAMILIES, STAFF  
 & VOLUNTEERS!

## Green Ladies attend "Green" Party



(L-R) Residents **Esther Green & Thelma Green** attended the "It's Not Easy Being Green" Games and Trivia Program at Belvedere dressed for the occasion. Photos were taken by their cousin, Mary (Green) Brear.

### Welcome to New Residents:

Nina Watson  
 Robert Rumball      Betty  
 Parsons

**Bobbie Cook** was thrilled with her new "Welcome to Belvedere" afghan made with TLC and donated to Belvedere by Barb Sichewski.



**Alan Hobourn** welcomes new Residents **Jim Carruthers** (left) and **Bob Rumball** (right).



**Marlene Bissonette** (left) presented **Nina Watson** with her lovely afghan.

### Staff News

Deepest **Cindi Mullen** on in-law, **Tracy**



Sympathy goes out to the tragic loss of her sister-

**New Staff:** Welcome to **Amariah Watkinson, Peggy Todd, Cynthia Espiritu and Christina Zappacosta;** Nursing Dept.

### Guardian Angel **Trish Schmalz**

Trish received her Angel Pin from Family Council. (L-R) **Mary Gwen Lawson, Jan Rempel, Vi Whittaker, Bob Griffiths, Trish, Gene Donaldson-Hilts and Audrey Jeffery.**



Congratulations, Trish!

### Inspirational Thought



#### Rule 130 .... For a Better Way to Live

The devil is clever, deceiving us all,  
 He cunningly causes the strongest to fall;  
 But we his sly methods are sure to discern  
 By making God's warnings our daily concern.

### Health & Safety Tips Emergency Codes



All our emergency codes are being scheduled for your education in various formats this year. Be prepared when it comes. All the emergency codes can be found in the big red EPP binders. Or ask your supervisor for assistance. Be Prepared!!

### In Memorium

Deepest Sympathy is extended to the families of:

**Attilio Tonelli      Lorraine Walton**

### Easter Donation Selkirk and the Bargain Shop

once more donated Easter bunnies plus Bingo prizes to Belvedere.

(L-R) **Thelma Green, Muriel Stewart, Sharon Noganosh and Kathy Crossman** from Selkirk.



### Falls Tip #9



Make sure to use grab rails in bathroom.



Do not walk unassisted in bathroom if feeling unsteady on your feet.



## Feature Profile \*\*\* Clem Mintz

Clemon was born on August 1, 1914 – the first child to Lorne and Rosetta (Chamberlain) Mintz. Clem moved to Cedarpark on January 18, 2013. His brother Cecil also lives at Belvedere (on Pinecrest) and including their wives there are now four people with the last name Mintz residing at Belvedere. As Cec quipped, “There are enough of us here to make Mintz-Meat Pie!” Clem had ten siblings. From this large family; all are still living except for one sister.

When Clem was a toddler and his mother Rose was expecting Cec, they were attacked by an angry cow. Clem’s life was spared because the horns of the cow had gone on either side of him. He miraculously escaped through the fence unharmed. In 1923 the Mintz family moved from their country home in Morgan Township to Toronto. Clem was 10 years old at the time.



they left at the first recess and trekked back home. The school was closed from Christmas to Easter because the roads were not maintained in the winter. Rose had her whole family home to help her with the chores and keep her company while Lorne worked in the bush. One of Clem’s earliest memories is walking behind his dad along the furrows in his bare feet during the ploughing season and having to tramp down the loose hay in the barn during threshing season.

Lorne, Rose and their family moved to Toronto where 10 year old Clem and 8 year old Cec were at the perfect age to explore the city! They loved to hang around the big bridge on Bloor Street and at the end of Gerard there was a bridge over the railway tracks where they could watch the train go past underneath. On Queen Street they discovered the last fire hall to operate with horses. There was a coal fired boiler and the horse harnesses hung over the horses, ready to drop onto their backs when they were called to extinguish a fire. The two farm boys were fascinated with this set up. They were also very impressed with the “inside” bath tub and a 3 piece bathroom; this was a real luxury compared to the outhouse on the farm. The children only had to walk one block to school now instead of 3 miles.

In 1926 the Mintz family moved to the Mount Dennis District. Clem and Cec spent some time at their Grandpa Chamberlain’s farm at Gooderham. They packed up their rabbits and pigeons in a crate and hitched a ride with their Uncle Merle. Clem cut pulp wood and worked around the farm while Cec attended school.

Clem quit school to go to work in the north with his Uncle Lewis cutting poles for firewood. The neighbours all worked together splitting and piling the wood. Clem’s first job was at a Market Garden in Mount Dennis for \$2.00 a day hoeing all sorts of vegetables. He rode his bike 5 miles each way to work at the Market Garden. After that he worked at a Grocery Store. He looked after their horse, and every morning would take orders for 75 customers and then deliver their groceries in the afternoon by horse and wagon.

Clem married Mildred Green in 1934. He was 20 and Millie was 15. They had two daughters: Joyce, born in 1935 and Sandy was born 8 years later.

Clem’s next job was at a Paper Factory in Mount Dennis until the war broke out. He also worked in Parry Sound at DIL for a summer when he was 28 years old.

Back at Mount Dennis Clem worked at Weston on the wooden De Havilland Mosquito Bomber Airplanes. Clem made \$12 per week in Mount Dennis and the rent for their flat was \$12 per month. The grocery bill was \$5 per week.

When Clem’s parents and younger siblings moved to Timmins where Lorne had obtained



**July 1918**  
*Clem (4); Melva (4 months)  
Cecil (2); taken at*



*Lorne Mintz’s Farm  
Hell Street Road, Gooderham.*

**July 1919**

*Cecil 3; Clem, 5; Melva 1:  
Picture was taken on the back  
of their cow.*

Clem’s father Lorne went to the bush every winter logging. He took the horses and left one horse and 4 milk cows for his wife Rose to look after as well as the children. Clem remembers milking a cow when he was only 8 years old. He recalls one winter night when his mother was milking the cows and he was helping clean out the stables they heard a baby crying. When they looked out the barn door they discovered Cec, (with the assistance of his sister Melva), on their way to the barn for a visit (through the snow) with baby Amy in the carriage and they were all in their bare feet! A hardy trio, for sure!

The farm was without modern facilities which meant no running water or hydro for the Mintz family. The Mintz kids walked 3 miles (each way) to school. On the first day of school the girls were teasing Clem and Cec so

employment as a carpenter, Clem and Millie took over the family home, paying off their back taxes and the \$500 left owing on their mortgage. Millie painted the entire house outside. After 2 years they decided to renovate and add another 10 feet to accommodate another bedroom and bathroom and extend the basement. Millie dug this whole basement (10 feet x 20 feet) herself by hand and wheeled the dirt across the road in the new wheelbarrow (with deluxe rubber tires) Clem had bought for her! They moved every door and window in the place during the renovations. Clem did all his own carpentry work (a trade which he had learned from the best – his Dad). He recalls Millie helping him put up the rafters nailed to the ceiling joists. Millie stood near the top of the step ladder to hold the rafters in place while Clem nailed them.



Clem took his Basic Training for the Army in Brampton and then was stationed overseas in England and on the East Coast of Italy. Their daughter Joyce was 9 and her sister Sandy was 1 when Clem went overseas. Clem lost his right leg while on the East Coast of Italy. The first fight began in December, 1944 and he was shot on February 4<sup>th</sup>, 1945. They waited 4-5 days to remove his leg since he had so much shrapnel in his stomach, they didn't think he would survive. He was 3 weeks in the hospital in Italy and then 4-5 months recuperating in England. Two British surgeons each donated a pint of their own blood to save his life which was strictly against the rules. Clem once more beat the odds and was excited to know he would be going home to see his precious wife and kids soon!

Millie was there to support Clem when he came home. She had saved up \$700 from February to May working on the Mosquito Bomber. A second cousin sold them his '38 Buick in mint condition for \$700. (The car was worth over \$1,000.) Clem remembers going for his Driving Test with the gear shift and foot clutch. There was a hand throttle on the dash and he learned to work the clutch and brake with one foot.



In 1950 they bought a new Buick; then in 1952 a Special Oldsmobile; (which burnt too much gas). Clem was travelling the roads working 2 days a week in Hamilton for the DVA. Later they bought a 1956 Buick and the list goes on. Clem has owned 17 brand new Buicks and paid cash for every one of them! They also paid cash for the houses they built and never had to take out a mortgage. Clem drove for over 82 years and never got one ticket! Amazing! Clem worked at Christie Street Hospital and later Sunnybrook Hospital in Toronto, making artificial limbs. He was an experienced

woodworker and artificial limbs were made from wood at that time rather than fibre glass. The wooden legs he built (and wore for about 50 years) cost under \$500 but the modern high-tech plastic prosthetic legs like he now wears can cost up to \$4000. After 30 years of this fulfilling service to amputees Clem retired in 1974 at the age of 60.

In 1960 Clem & Millie built a brick bungalow in Woodbridge. In 1974 after Clem retired they built a home at Horseshoe Lake in Foley Township. In 1990 Clem had a heart attack and the Ambulance could not find them easily, so Millie decided they should move to town.

That year they had a brick bungalow made for them at 13 Addie Street. Clem and Millie were Snowbirds living in Florida every winter for 20 years and have also travelled across Europe and to Jamaica. After building 3 houses Clem's son-in-law had them help build their house. He wondered how Millie knew exactly what Clem needed (without him asking.) He was told they were a dynamic team and through many years of experience working together she had developed such wisdom!

Clem recently received a well-deserved Medal from the Queen's Jubilee 60<sup>th</sup> Anniversary for his valuable Contribution to his Country.

Clem and Millie have 2 daughters, 7 grandchildren, 12 great grandchildren and 2 great great grandchildren. They are a very loving couple, and I am sure the family has many wonderful memories to share.

They are known as the "Honeymoon Couple" at Belvedere on Cedarpark. They have been told by different staff that they have never met such a devoted couple. Their true love is evident when Clem's eyes sparkle as he recalls the precious years they've shared.

Clem says "Millie looked after me when I returned from the War wounded, and now with her declining health, it's my turn to look after her!" It is a privilege to see Clem and Millie still side by side after all these years. What an inspiration and fine example they are to all of us at Belvedere Heights.