

# Belvedere Heights News & Views March 2013



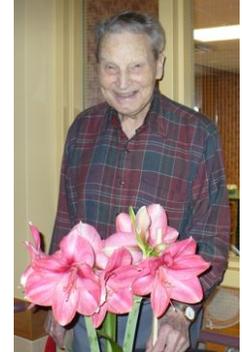
## Grandparents

### Brag Corner

Yvonne Harvey is very proud of her great grandson Wyatt Ryker Kael Harvey. Wyatt is 6 days old in this picture with his Dad, Rick Harvey.

## Surveillance Cameras

Surveillance cameras have been placed at all the Entrances of Belvedere for the protection of our Residents.



Cec Mintz has an Amaryllis with 6 blooms and 2 buds!

## Tried & Tested Recipe

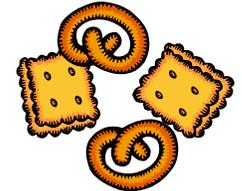
### Party Mix

Janet (Ferris) Shaw

In a large bowl mix:

\* 2 cups each of goldfish crackers, small Ritz Crackers, pretzels, Kellogg Crispix, small cheese crackers and peanuts. In a small bowl mix:

- 1 cup vegetable oil
- 1 tsp dill weed
- 1 tsp garlic powder
- 1 tsp lemon pepper
- 1 pkg (28 grams) Ranch Style Salads'N'Dips



Pour over large mixture; stir until well coated. Store in sealed container for a couple days; enjoy!

\*You can use whatever mixture you want in the large bowl as long as you have 12 cups total.

## Welcome to New Residents:

Emilliene "Eleanor" Farranto  
Robert Cecil (Bob) Sheridan  
Leona Cousineau

## Residents' Bill of Rights – Revised May 2010

19. Every Resident has the right to have his or her lifestyle and choices respected.

## Inspirational Thought



**Rule 128 .... For a Better Way to Live**  
Lord grant me grace throughout this day,  
To walk the straight and narrow way,  
To do whatever in Thy sight;  
Is good and perfect just and right.



## 2013 BAY FREEZE WINNER

*Congratulations to*

**Wayne Ferguson,**



*Wayne correctly predicted the Bay would freeze over on **January 27<sup>th</sup> 2013.***

*Last Year's Winner was James Gracie who correctly guessed the bay would not freeze! Thanks to Charlie Salt for being our judge and to all who participated! It was a tough call this year with the uncertain weather conditions.*

*Wayne very generously donated his half of the winnings back to the*

*Belvedere Residents. Thank you very much, Wayne!*



## **BELVEDERE HEIGHTS FAMILY INFORMATION SESSION**

....Will be held on Wednesday March 20

2:00 & 7:00 pm in the Activity Centre

Topic: Resident Transfer Assessments, Equipment Used & the Need for Adaptive Clothing

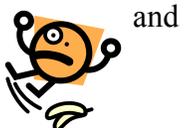
Presented by: **Fatemeh**-Physiotherapist and **Carol Marshall**-Program Manager

For more information, please call 705-774-7320

## Falls Tip #7



Make sure you Exercise regularly to increase muscle and bone strength and improve balance



and

flexibility.



Failure to exercise contributes to falls and the severity of the injury.

## Feature Profile

Barbara Lillian Coles

"Bobby"



Barbara (Bobby) Lillian Coles was born at home on Wallace Avenue in Toronto on March 9, 1918 to James (Jim) McGregor Tosh and Barbara Alexandrina Tosh (nee Munro). Bobby's mother was a school teacher and paid soloist in church in Dundee. Her sister, Hilda was born in 1915 and died at the age of 93.

Bobby's parents were both from Scotland. Jim came to Canada in 1910 and Barbara in 1914. They were married on July 31, 1914 without Mother Munro's blessings. They are the only ones from the Tosh family living in Canada and were the only Tosh's listed in the whole Toronto Telephone Book. Jim worked for Bell Telephone Company as a manager of the tellers. Everyone paid their phone bills in cash and Jim's responsibility was to count all the cash. Barb remembers visiting her father at work and noticing all the tellers were in locked cages for their own protection.

Barbara (Jr.) has been known as "Bobby" by her family and friends since she was fourteen years old. When she was four years old, they took a family vacation and traveled to Scotland by boat to visit their relatives and Grandma Barbara Munro who hadn't spoken to her daughter since she had left Scotland to "marry beneath her." Bobby's great great grandparents were the Duke and Duchess of Sutherland and very highly regarded. Her Mother had always been told "You are a lady." Bobby remembers her father telling her as a child on his knee, "You are just as **good** as the Queen of England but no **better** than anyone else!" Another excellent philosophy to live by came from her mother: "Never tell a lie, and never pass up the opportunity to go to the bathroom!" This advice has been passed down through generations in the Coles family to this day.

Bobby remembers so much snow on their street that they made tunnels to get across to the other side. She also recalls they amused themselves by putting on shows in a neighbour's garage. It cost either 2 straight pins or 1 safety pin to get in. All the kids participated in mock weddings, Fee Fi Foe Fum I smell the Blood of an Englishman; an Indian dancing around a teepee, etc.

Bobby played Tennis from daylight to dark all summer and enjoyed 5 pin bowling and dancing in the winter at Boulevard Club, Silver Slipper, and at the Prince Edward Hotel in Toronto. She was never allowed to go to the Plaise Royal; just formal attire dances!!

Bobby attended York Memorial Collegiate in York Township. She sang in church choirs; took singing lessons from Mrs. Louise Tandy-Murch (Mother of Lou Murch – Parry Sound) for about 7 years and 3 years with Miss Taylor. Bobby sang at the CNE on Music Day with an Octet & Solos at Dinner Functions – she even sang on the CFCA Radio Station.

Norris' mother was 1 of 14 children and his dad was 1 of 10 children so there were lots of relatives around; which Bobby loved, never having any near relatives of her own to visit.

Bobby Tosh worked in a Stockbroker's office for four years until the stock market crashed and the company folded.

She then worked as a temporary operator through Bell Telephone for eighteen months, never knowing where she would be sent to work each day. She was later employed by Gliddon Paint Company as a switchboard operator and at their Order Desk. While working at Gliddon Paint Company, she married Norris Emerson Coles in August, 1941. She next worked for a Law Firm called Fraser Beatty, Palmer & Tucker Law Firm on Bay and Adelaide in Toronto.

In 1944 Bobby and Norris Coles moved to Hockley Valley which was in a central location within a 10-12 mile radius to Orangeville, Alliston, Beaton and Tottenham. They lived on a farm and were Beekeepers; selling their honey for 7 cents a pound. During war rations they were allowed all the sugar they needed to feed their bees in the winter. They would trade their sugar coupons for butter or tea coupons.

Norris was an Enumerator, Tax Collector, and Councillor for 7 years in Adjala Township. He could name every man and his wife (including the wife's maiden name) and call every child in the township by their first name.

After leaving the farm they built a lovely modern four bedroom bungalow. Bobby was their Architect and says her blueprints turned out just fine!

Bobby and Norris had three children. Their first child was named John Wilmer and he died just five days after he was born. He was named after a cousin who was like a brother to Norris and had been killed in the line of duty while serving in the Air force. Their second son was named John James Emerson after his two grandfathers. Four and a half years later their daughter Gail Barbara Margaret was born. Gail was named after her two grandmothers. The name Barbara has been passed down through the family for at least five generations.

The Coles family gave up Beekeeping and moved to another farm which was run by a batchelor cousin of Norris. Bobby did the milk and cream separating, looked after the hens and cooked. She also prepared large meals at their



threshing bees while their cousin ran the farm. "It was an adventure, Bobby recalls, "Quite a change for a city girl! No hydro or running water for seven years!" Norris worked for Brad Walker in Bradford and later in Alliston as a Car Salesman. He also sold Insurance but ended up losing money and was told he couldn't sell cars and insurance at the same time.

In 1962 Bobby and Norris bought the General Store in the village of Hockley which had a population of approximately 100 people. They moved into the old seven-room house attached to the store. It had been a hotel where people stopped on their way to Toronto to spend the night. Their cousin lived in one of their rooms after he sold his farm and lived with them for over 20 years until he passed away. The store was open seven days a week and the only break Bobby got was when she attended Church on Sunday mornings. At St. James Anglican Church, Mono Parish; she was Treasurer and a member of the ACW & Alter Guild; president of Hockley Senior Citizens and her husband was a Warden at the Church for years.



They sold gas, feed, meat and groceries to the villagers. There were thousands of dollars owing to the store that they never collected. After 10 years of hard work without a break, they sold the store and bought a small bungalow in the village. Sadly, Norris passed away in 1991 just before their 50<sup>th</sup> Wedding Anniversary. Bobby decided to move in with her daughter Gail and son-in-law Leonard Chowns in the village. In 1992 and again in 1996 Barb and Gail went to Scotland for wonderful vacations. On one of their trips to Scotland Bobby visited Foulis Castle situated near Dingwall (North of Inverness). This is where the Chief of the Clan Munro and family lives. Her mother's maiden name was Munro and Bobby was a member of the Clan Association. Gail had phoned from Canada to make arrangements for Bobby to meet, have tea and a personal tour of the Castle and gardens with Lady Munro. It was a delightful afternoon and one Bobby remembers fondly.

Bobby's son John was in high school when they owned the store and he was not interested in the store business. He worked for the Bell Telephone Company as a mechanic and retired after 32 years. He was married in 1970 to Patricia MacDonald and they moved to the Parry Sound area. (This is what inspired the rest of the family to eventually move north.) They have two children and two grandchildren to David and two to Katherine and Izy, born in New Zealand, now living in Caledonia near Hamilton.

Bobby's grandson David Coles is Commander of the Parry Sound Air Cadets Squadron. David and Sherry and their two children Sarah and A.J. live in Orrville. Patricia is a retired CEO of the Seguin Township Library.

Bobby's son-in-law Leonard Chowns is a Greeter at Wal-Mart; and is well-liked and respected by all who know him. He worked for Kodak Company in Toronto for years and retired to move to Otter Lake. Her daughter Gail "retired" from her position as a Health Care Aide at Avalon Nursing Home in Orangeville where her mother volunteered. Gail feels so comfortable at Belvedere and appreciates how hard the staff at Belvedere work.

Bobby & Norris rented cottages at Horseshoe Lake and then at Star Lake when they came to visit their son and his

wife and their family. They owned a Mobile Home on Star Lake at the Lodge and Trailer Park for their summer visits.

Gail and her husband Leonard Chowns also learned to love the north and rented a cottage at Otter Lake when they came to visit John and Patricia and family. At Bobby's great granddaughter's birthday party it came to their attention the Otter Lake Maple Leaf Lodge and Cottages business where they liked to stay was for sale. When the grandsons Richard and Andrew heard the news they quit their jobs in the city and in December of 1998 the family purchased the Lodge and settled in the north.

Grandma Bobby Coles moved up to help by doing the laundry, cooking and cleaning the lobby for her grandsons at the Lodge on Otter Lake. Their mother Gail came up every weekend and eventually they all moved to the Lodge. The Chowns family still lives there but no longer runs it as a lodge. They now reserve their extra accommodation for guests consisting of friends and family members.

Bobby is the proud Grandma of four grandchildren: Richard & Andrew Chowns and David and Katherine Coles. She also enjoys her great grandchildren Luke Chowns and A.J. and Sarah Coles and Abigail and Charlotte Lawson.

Bobby moved in to Belvedere Heights on July 22, 2011. This delightful lady is a welcome addition to our Home. She is quite active within Belvedere and has even participated in our Fashion Shows. We all love her very much. She is definitely a lady and her Great Great Grandma would be very proud of her!

**Dunrobin Castle** owned by Bobby's Great-Great Grandparents, **the Duke and Duchess** of Sutherland is still in excellent condition.



Ever Wonder ...?



Why Venus is the only plant that rotates clockwise?  
 Why pearls dissolve in vinegar?  
 Why a duck's quack does not echo?



**Health & Safety Tips** by Tessa Gardner

Rejuvenate your soul.....  
 Get out and have some fun!

**New Residents Welcomed:**

**Verna Parr**



(right) welcomed **Clem & Millie Mintz** to Belvedere with a lovely lap cover created by Barb Sichewski.

**Elin Anderson** (right) welcomed **Eleanor Farranto** to the Home.

**In Memorium**  
**Deepest Sympathy is extended to  
the family of: Irene Irwin**

 **2013 SNOW MELT GUESS**

When will the “Ross Titus Memorial” Snow Pile melt on the front lawn??? Same location as previous years: Outside the original building between the two sidewalks in front of the Residence of Belview by the Bay Building. Contest is open to everyone. Pick your dates early! The Cut-off date to guess: April 5<sup>th</sup> 2013 at 4 p.m. \$2.00 per guess blocks the day!



**KFC LUNCHEON**



Several Residents enjoyed a KFC Luncheon on a stormy afternoon at the Fireside Café. Above: (L-R) Rita Bloomfield, Gladys Jackson, Betty-Jo Peltomaki, Stan Clelland, Tammy Frank, Bonnie Horne, Gilda Hindle.

Below: (Other end of the table) Marjorie Ryerse, Florence Richmond, Elizabeth Neall, Elnora Felsman.



**Inspirational Thought**



**Rule 128 .... For a Better Way to Live**  
Lord grant me grace throughout this day,  
To walk the straight and narrow way,  
To do whatever in Thy sight;  
Is good and perfect, just and right.

**Guardian Angel  
Uma Gomes**



**Jan Rempel** (right) presented **Uma Gomes** with her Guardian Angel Pin. Congratulations, Uma!

**Dawn Smith** recently celebrated her **50<sup>th</sup> Birthday**. She is shown in the picture at her party with her good friend, **Anna Hurlburt**.

