

Belvedere Heights News & Views July 2015



Grandparent's Brag Corner

Edith DeMartin's Grandson, Wife and Great Grandsons visited during the March Break. Front Row: (L-R) Zayd (age 3); Omar (11 months) Back Row: Nermeen and Matthew. What a beautiful family!



Ever Wonder ...?



Why if a cluttered desk is a sign of a cluttered mind, of what then is an empty desk a sign of?

Why one of the hardest decisions you ever face in life is choosing whether to walk away or try harder?

Why some people are old at 18 while some are young at 90?

My Job Search



My first job was working in an Orange Juice factory, but I got canned! (Couldn't concentrate.)

Then I worked in the woods as a Lumberjack, but just couldn't hack it, so they gave me the axe.



After that I tried being a Tailor, but wasn't suited for it – mainly because it was a sew-sew job.

Next I tried working in a Factory, but that was just too exhausting.



Then tried being a Chef – figured it would add a little spice to my life – but I just didn't have the thyme.



Next, I attempted being a Deli Worker, but any way I sliced it, I couldn't cut the mustard.



My best job was a Musician, but eventually I wasn't noteworthy. I studied a long time to become a Doctor, but didn't have any patience.



Next, was a job in a Shoe Factory. Tried hard but didn't fit in.

I became a professional Fisherperson, but discovered I couldn't live on my net income.



Managed to get a good job working for a Pool Maintenance Company, but the work was just too draining.



So then I got a job in a Workout Centre, but they said I wasn't fit for the job.



After many years of trying to find steady work, I finally got a job as a Historian until I realized there was no future in it.

My last job was working in Starbucks, but I had to quit because it was the same old grind.



SO I TRIED RETIREMENT AND I FOUND I'M PERFECT FOR THE JOB!!!

Residents' Bill of Rights – Revised May 2010

20. Every resident has the right to have his or her lifestyle and choices respected.

Pet Corner



Mike Norrie and his dog **Buck** visited while their neighbour **Renate** treated Buck to some dog bones.

Staff Monthly Attendance Draws:
2015 WINNERS
Nursing Staff: Renu Shaju
Support Staff: Patti Shurr
Winning tickets were drawn by Gene Hilts, Tuck Shop Volunteers.

Staff News

Welcome to **Courtney Mullen, Linda Walton and Ruth Louks, Nursing Department.**



A Quick Read Through The Eyes of a 10 Year Old

Once there was a girl named Kristina. She had very few friends because many have moved away, including her best friend. Kristina was sad as she missed her friends very much, but through her years she learned that life had many offers which would keep her happy and help her carry on.



When Kristina was 65 she learned there was another world after life. She enjoyed this world she now called home. One day, a man approached her and said, “You have a visitor today.”

“Oh, thank you. Who are you anyways?” asked Kristina as she admired his calm eyes and beautiful smile.

“Well, I’m Jesus.”

“Nice to meet you. I’m...” started Kristina before she was interrupted.

“...Kristina, I know,” finished Jesus, “I know everyone’s name when they come to heaven.”

“Well, who is my visitor? And where are they?” as she peaked out her window.

“Her name is Daisy Cuckobero,” answered Jesus.

“DAISY?! DAISY CUCKOBERO?!” shrieked Kristina with excitement.

“Yes, and she is going to live with you when she arrives. You have a spare bedroom don’t you?” asked Jesus.

“Of course I do. Daisy was my best friend when I was 7. She moved to New York City while I was left behind in Philadelphia.”

Later that day, Daisy arrived to her new home with a glowing smile on her face and a warm hug wrapped around Kristina. Days to years passed and eventually Kristina and her friends reunited and Kristina was no longer lonely.



Guardian Angel – Shirley Crocker



In Memorium

Deepest Sympathy is extended to the families of:

*Marie Dion
Chappel*

Linda

Our condolences to Marlene Fraser on the loss of her brother and Karen Fournier on the loss of her father.

Welcome to New Residents:

Barbara Yarnold

Ronald

McGary

Carlotta (Joan) Penfold

Ron McGary (left) receives his welcome lap cover from **Bill Bastedo** (right).



Donelda McConnell

(right) presents **Bill Bastedo** (left) his lap cover made by Barb Sichewski.

Barbara Yarnold (left) receives her beautiful Welcome Afghan from **Ella Higman** (right).



Ginette Martin (right) receives her lap cover from **Lynn Whitely** (left).

Joan Smith (left) is pleased to present **Michael Cronin** (right) his Afghan Welcome blanket.



Inspirational Thought



Rule 156 For a Better Way to Live

“With God’s strength behind you and His arms beneath you, you can face whatever lies ahead of you.”

Tried & Tested Recipe

Weight Watchers

Caesar Mashed Potatoes



2 lbs. large red potatoes; cut into 1½" pieces

¾ cup creamy Light Caesar Salad Dressing

2 tlbs butter

1 tlbs grated Parmesan Cheese

1 tlbs chopped fresh parsley

Additional butter (optional)

In large pot, combine potatoes with enough water to cover; over high heat, bring to boil. Reduce heat to medium; cook until potatoes are tender, 12-15 minutes. Drain well; return to pot.

Mash potatoes; stir in salad dressing, butter, Parmesan and parsley. If desired, serve topped with additional butter. Serves 6; Calories: 314.

The Wise Old Owl

The wise old owl perched in an oak
The more he heard the less he spoke
The less he spoke the more he heard
Why can't we be like that wise old bird?



Rebecca McEwen brought in this adorable



knitted owl she created to show us. Great job, Rebecca!

Cec Barks and Maryann Bradley shared in the cost of the new blanket warmer for Oak in memory of their loved ones Robert O'Callaghan & Audrey Forbes. Your kindness will truly be appreciated for years to come.

Thank you from the residents, staff and management of the home!



Hot dogs were served in the Tuck Shop by Marlene Bissonette to end off Nurses week!

Nurses Week

May 11- May 17!

Another Nurses' week filled with fun activities for staff and residents at Belvedere! We would like to thank our nursing staff for all the work you do!



Nursing Staff dressed in white!



Staff and Residents had a great time strutting the run way in their purple gear for the fashion show!



Julie Armstrong is dressed as Florence Nightingale, the founder of modern nursing, to celebrate Nurses Week here at Belvedere!

You think English is easy??

Let's face it - English is a crazy language. There is no egg in eggplant, nor ham in hamburger; neither apple nor pine in pineapple. English muffins weren't invented in England or French fries in France. Sweetmeats are candies while sweetbreads, which aren't sweet, are meat. We take English for granted. But if we explore its paradoxes, we find that quicksand can work slowly, boxing rings are square and a guinea pig is neither from Guinea nor is it a pig.

And why is it that writers write but fingers don't fing, grocers don't groce and hammers don't ham? If the plural of tooth is teeth, why isn't the plural of booth, beeth? One goose, 2 geese. So one moose, 2 meese? One index, 2 indices? Doesn't it seem crazy that you can make amends but not one amend? If you have

a bunch of odds and ends and get rid of all but one of them, what do you call it?

If teachers taught, why didn't preachers praught? If a vegetarian eats vegetables, what does a humanitarian eat? Sometimes I think all the English speakers should be committed to an asylum for the verbally insane. In what language do people recite at a play and play at a recital? Ship by truck and send cargo by ship? Have noses that run and feet that smell?

How can a slim chance and a fat chance be the same, while a wise man and a wise guy are opposites? You have to marvel at the unique lunacy of a language in which your house can burn up as it burns down, in which you fill in a form by filling it out and in which, an alarm goes off by going on.

English was invented by people, not computers, and it reflects the creativity of the human race, which, of course, is not a race at all. That is why, when the stars are out, they are visible, but when the lights are out, they are invisible.

PS. - Why doesn't 'Buick' rhyme with 'quick'?

Belvedere's 50th Anniversary - July 25, 2015
Mark your calendars for a family fun afternoon!
We hope to see you all there! ☺