

# Belvedere Heights News & Views February 2015



## Pet Corner



Wendelin McConnell visited Donelda over the holidays with Kaboom (6 year old Yellow Lab/ Shepherd Mix) on left and Kiwi (4 year old Boxer) on right. Kaboom and Kiwi live in Campbellford on a Bison Farm.



Spread in prepared pan. Chill. Cut in 1½" squares. Delicious!

## Residents' Bill of Rights – Revised May 2010

15. Every Resident who is dying or who is very ill has the right to have family and friends present 24 hours per day.

## Christmas Angel Dianne Beggs is back!



Thanks Diane for your wonderful annual labour of love for each one of the staff.

## Staff News

New Staff: Welcome to Katie McEwen, Dietary Department.

Deepest Sympathy is extended to Mariann Bradley in the loss of her Mother, Audrey Forbes.



## Tried & Tested Recipe



## Rocky Road Fudge

(Yvonne Harvey)

Line 9 x 13" baking pan with tinfoil. Grease foil with 1½ tsp butter.

In large pot combine:

2 cups (12 oz) chocolate chips

1 can (14 oz) condensed sweetened milk



Cook and stir over low heat until smooth. Remove from heat; stir in 2 cups salted peanuts; place 1 pkg (10½ oz) miniature marshmallows in a bowl. Add chocolate mixture and stir well.

## Grandparent's Brag Corner



Congratulations to **Lori Neall** on the birth of her first grandchild on Christmas Eve! Evan Joshua Mair arrived at 9:30 pm just in time for his first Christmas weighing 9lbs, 1oz and is 21 inches tall.

## FEATURE PROFILE

**“Marg Walter”** by Mary Brear

Marg Walter was born on December 10, 1927 at Simcoe Ontario to Emilie Ann (nee Wood) and James Bernard Doyle. Marg’s father was Irish and had lived in Fairport New York before moving to Simcoe, and her mother was from West Hartley pool, England. Marg was the youngest of four in a family of two boys and two girls.

Marg attended Simcoe Public School and Simcoe High School before heading off to the University of Toronto. She then attended the Ontario College of Education in Toronto to obtain her Teacher’s Degree. Her brother Bob became an Engineer, Bill was a Doctor, her sister Elizabeth Ann a Concert Pianist and French Teacher.

One of Marg’s favorite memories from her childhood is receiving a brand new red bicycle at the age of eight from her rich Aunt who lived in Florida. She quickly mastered this bike and



rode all over the place on it. Marg loved to swim in the pool in town as well as in Lake Erie. Baseball was the one of earliest competitive sports she enjoyed and she quickly was assigned the very important position of first base. Later on, Marg loved to play basketball, soccer and ride horses.

Marg’s first assignment on her new bike was to deliver the Toronto Star along Highway # 3 to 50 customers. She had a carrier on the front of her bike to hold the newspapers. Her second job was to ride their friend’s horse from Simcoe to Port Dover (8 miles away) as her Mother followed her in the car at 10 mph. Their friend would sell horse rides to the children at Port Dover. This was a job Marg was very happy to participate in!

Marg shared her one unhappy experience was attending Boarding School in Grade 13 at St. Joseph’s Catholic School. Her friend was registered there and talked Marg into joining her. She absolutely hated the place and begged her mother to let her come home. Her Mom said “You chose this, and we paid for it and you have to stick it out!” The nuns were very strict and when they caught Marg sneaking out to the show she was grounded for 3 months. Marg reversed the salt and pepper contents, hoping for an early dismissal, but that didn’t work. It was the longest year of her life!

After graduation from OCE, Marg taught Physical Education at High School in Kitchener, then at Lindsay, Guelph and Toronto. Gerry Walter was her high school sweetheart and they both had decided they would remain single. Fifteen years later they agreed to marry, since they discovered there weren’t many single friends left. They were both thirty-two years of age, and in 1959 one would be considered a bachelor or spinster for sure at 32! Gerry worked as an Accountant with the

Ministry of Natural Resources (the “Lands & Forest”) in Lindsay. Later when Marg obtained a position teaching Phys Ed at the Parry Sound High School in 1962 Gerry was able to transfer to

the MNR in Parry Sound. Here they settled down and the following year their beautiful daughter Catherine Doyle Walter (Casie) was born. Marg & Gerry were later blessed with four



grandsons, Tyler, Jordan, Scott and Cameron. Casie also shares her Mother's passion for riding horses.

Marg retired from teaching in 1985 after 32 years in the gymnasium keeping everyone in tip-top shape, herself included! Her positive attitude and cheerful disposition won the hearts of her students immediately. She travelled to Ireland three times and enjoyed exploring her father's birthplace. She has the Doyle Irish Crest hanging on the wall in her room on Pinecrest. She quotes "If you aren't sure you're going to Heaven, make sure that you go to visit Ireland!"



Marg's hobbies include knitting, playing Bridge and Solitaire and any type of sports. She belonged to the Catholic Women's League, four Bridge Clubs, the Golf Club and Tennis Club in the area. She kids, "Now that I'm 36, I have to cut back and stick to just playing cards, a lively tune on the piano, knitting or walking." It was not uncommon for her to walk up to five miles a day in the past. (No wonder she looks so trim and fit all the time!)

This positive, cheerful, active lady was admitted to Belvedere Heights in April, 2010 and spreads a lot of sunshine wherever she is. We all love you, Marg!

### **Staff Monthly Attendance Draws:**

2015 WINNERS

**Nursing Staff: Mary Walker**

**Support Staff: Judy Loof**

Winning tickets were drawn by Marilyn Hurd, Tuck Shop Volunteer.

### **We have a Bay Freeze Winner!**

Congratulations to our CEO **Donna Dellio** who correctly guessed the Bay would freeze over on **January 13<sup>th</sup>**. Donna treated us to pizza with her winnings. Thank you to our faithful judge, Charlie Salt.



### **In Memorium**

***Deepest Sympathy is extended to the family  
of: Audrey Forbes      Hilda White***

### **Food Service Committee's Final Meeting**



(L-R) **Dot Williamson, Eileen Laing, Karen Fournier, Wayne Carlisle, John Bennett and Clem Mintz** wrapped up their final Food Service Committee Meeting.

### **Ever Wonder ...?**



**Why** Atheism isn't considered a Non-Prophet Organization?

**Why** if man evolved from monkeys,  
do we still have monkeys around?

**Why** no piece of paper can be folded in half  
more than seven times?

### **Farewell Mary Ann Beaudin**

There wasn't a dry eye at Fireside Café as we listened to Mary Ann's very moving Parting Speech. Mary Ann spent five years as RAI Coordinator at Belvedere and



will be missed by both Residents and staff. She paused for a picture with her former co-workers **Lori Neall** (center) and **Rebecca McEwen** (right.)



## Poetry Section And God Looked Down Upon Seniors...

(Author unknown)  
Most seniors don't get enough exercise. So in His wisdom



God decreed that seniors would become forgetful so that they would have to search for their glasses, keys and other things misplaced and so do some walking. And God looked down and saw that it was good!



Then God saw there was yet a need. So God in His wisdom made seniors lose coordination so that that they would drop things which would require them to bend and reach and stretch to retrieve their things. And God looked down and saw that it was good!

Then God considered the functioning of senior bladders and decided that in His wisdom there might be calls of nature more frequently, requiring more trips to the relief station that would burn more calories.

And God looked down and saw that it was good!



Seniors were obliged to exercise more from these senior shortcomings and did become more active as a result. So if you find you are required to get up and down more as you age, remember it's God's will and in your best interests even though you may mutter under your breath!



**Welcome to New Residents:**  
*Olive Keown*



**Out-of-Office Replies** (at OTHER workplaces) are often left intentionally vague. As these overly honest examples demonstrate, it's usually for a good reason.

- "I'm away from my computer but still available to chat if it's not about work!"



- "I'll be extremely busy reviewing the past 15 years of my life in an attempt to determine how I ended up at this job!"

- "If you'd like to contact me, please post your email directly to my Facebook page, where I'll be spending the rest of the day!"



### Inspirational Thought



**Rule 151 .... For a Better Way to Live**  
*Discontentment makes rich people poor while Contentment makes poor people rich!*

### A Gift for the CEO

Donna Dellio is so busy she doesn't have time to pour a hot cup of coffee. She received a new carafe for her birthday to keep her coffee fresh!



New Resident **Olive Keown** was welcomed by student **Jennifer Holmes** to Belvedere with her lovely lap cover (compliments of our friend Barb).

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### **Donation from the Friends of Belvedere**

The “**Friends of Belvedere**” donated the proceeds received through the Community Can and Bottle Collection to purchase brand new equipment for Support Services Department at Belvedere Heights. The equipment shown in the picture is valued at approximately \$2,800.00...plus new work tables for laundry at a cost of approximately \$1,200.00 and 2 utility carts for Dietary at approximately \$500.00.

(L-R) **Elaine Melse**, (FOB) **Marie Pavuk**, (staff) **Nancy Carpenter**, (staff) **Lee Riedel**, (FOB) **Gary Hickey**, (staff) **Norma Romanelli**, (FOB) **Karen Fournier**, (Support Services Manager) **Carolyn Cuzner**, (FOB) **Darlene Paul**, (Staff) **Marnie McCabe**, (Staff) and **Elaine Kirkham** (Staff) admire their valuable up-to-date equipment.

### **Guardian Angel Lynn Whitely**

Whitney McConnell (on right) presented Lynn with her Angel Pin. Congratulations, Lynn!

