

Belvedere Heights News & Views February 2014



Welcome to New Residents:

Robert Ransom receives welcome afghan from **Maryanne Schnock** made by our friend **Barb.**



Wilfred Brownley was thrilled with his welcome gift.

Guardian Angel, **Bill Draper** (on right) presented **Ed Martin** with his welcome gift made by our friend Barb.



Charlene Allen made 101 Christmas Stockings for our Residents. This wonderful labour of love brought many smiles on Christmas morning for sure.

Residents' Bill of Rights – Revised May 2010
3. Every Resident has the right not to be neglected by the licensee or staff.

A Christmas Gift to Remember



Mike and Joanne (Pauline's daughter) from **Bishop, Marshall & Associates Optometrists** paused for a picture with **Allan Hobourn** while they made their rounds. Their Christmas gift to our Residents was to clean and tighten their glasses. This thoughtful, practical gift from their hearts was sincerely appreciated by all!

Staff Monthly Attendance Draws:

2014 WINNERS

Nursing Staff: Brenda Stewart

Support Staff: Tracy Kennedy

Winning tickets were drawn by Marg McNabb, Tuck Shop Volunteer.

Our Christmas Angel did it Again!



Many, many thanks, **Diane Beggs**, for well over 200 personalized Christmas Decorations you created for staff and volunteers! You are truly a blessing to everyone - it is our wish that the joy you so freely provide to others will be returned to you and your family in abundance!

LOOK What Comes with Age and Maturity...

A group of 15 year old boys discussed



where they should meet for dinner. It was agreed they would meet at the McDonald's next to Captain Jack's Seafood Grille because they only had six dollars among them, they could ride their bikes there and Jennie Webster, that cute girl in Social Studies, lives on the same street and they might see her.



Ten years later, the group of now 25 year old guys discussed where they should meet for dinner. It was agreed they would meet at Captain Jack's Seafood Grille because the beer was cheap, the bar had free snacks, the house band was good, there was no cover charge and there were a lot of cute girls.

Ten years later, at 35 years of age, the group once again discussed where they should meet for dinner. It was decided they would meet at Captain Jack's Seafood Grille because the booze was good, it was near their gym and, if they went late enough, there wouldn't be too many whiny little kids.



Ten years later, at 45, the group once again discussed where they should meet for dinner. It was agreed they would meet at Captain Jack's Seafood Grille because the martinis were big and the waitresses wore tight pants.



Ten years later, now 55, the group once again discussed where they should meet for dinner. It was agreed they would meet at Captain Jack's Seafood Grille because the prices were reasonable, they have a nice wine list and fish is good for your cholesterol.



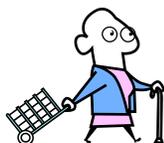
Ten years later, at 65 years of age, the group once again discussed where they should meet for dinner. It was agreed they would meet at Captain Jack's Seafood Grille because the lighting was good and they have an early bird special.



Ten years later, at 75 years of age, the group once again discussed where they should meet for dinner. It was agreed they would meet at Captain Jack's Seafood Grille because the food was not too spicy and the restaurant was handicapped accessible.



Ten years later, at 85 years of age, the group once again discussed where they should meet for dinner. It was agreed they would meet at Captain Jack's Seafood Grille because they had never been there before!



Inspirational Thought



**Rule 139 For a Better Way to Live
A Caregiver's Prayer**

Lord, show me enough strength within when I am
very tired,
Show me patience to care for those you have given
me
Show me peace of mind as I persevere through
each day,
Show me the joy in the little things others do to
help out,
Show me love when anger wants to take over my
thoughts,
Show me hope when I can see no hope,
And Lord, show me compassion for those who I
care about.

PCC Passport Winners:



Congratulations to staff members who successfully completed their **Person Centered Care** Passports.

Winners received \$20.00 gift certificates for Tim Horton's and an awareness of the importance of

PCC in our home. Some winners were camera-shy, but **Maryanne Schnock** (above left) and **Marie Pavuk** (above right), **Lori Neal** and **Mary Brear** (bottom left)

and **Mary Ann Beaudin** (above),

consented to having their pictures taken. Other winners were: **Tessa Gardner, Carole Vowels, Dawn Gallinger Dumont, and Donna Dellio.**

Guardian Angel – Florence Brock



Volunteer **Florence Brock** (on left) received her angel pin from Family Council Chair, **Lynda McGowan**. Congratulations, Florence!



Belvedere's 9th Annual Golf Fun Day

Our Golf Tournament will be held on **Sunday, June 1, 2014** at the

Parry Sound Golf & Country Club. Mark your calendars for this great cause and expect to have lots of fun! Your participation will help support the Belvedere Resident Camping Experience at the CNIB Camp on Lake Joseph. If you are not a golfer, you can sponsor a hole or donate a prize. Call Carol Marshall at 705 774-7320 for more information.

Tried & Tested Recipe

Lynda McGowan's
Quick Mayo
Biscuits

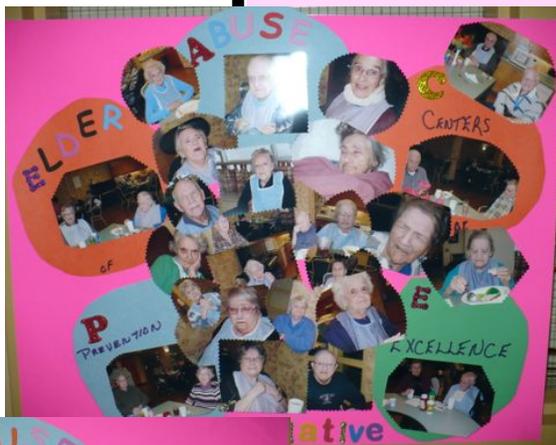
(Easy as A-B-C)

- A**-1 cup SELF RISING flour
- B**- $\frac{1}{2}$ cup sweet milk OR $\frac{1}{2}$ cup sweetened condensed milk mixed with $\frac{1}{2}$ cup 2% milk
- C**- $\frac{1}{4}$ cup mayonnaise

Mix together and drop into greased muffin tins - Bake at 400 degrees for 10 minutes. Adding cranberries and/or raisins is optional.

NURSING INITIATIVE * WINTER 2014
PEACE = Prevention of Elder Abuse Centers of Excellence.... As part of this program Lauren and Jackie initiated a survey of awareness of abuse and prevention of abuse on January 15, 2014. Staff completed questionnaires anonymously and three residents from each floor were interviewed. The results are posted on several bulletin boards throughout the Home.

"Thank
you for your input!"
....Jackie & Lauren



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\$52.00 was collected through the contest.
Thank you also to Charlie Salt for being our judge
once again and to all who participated!

Belvedere Heights Family Council Announces "Save the Date"....



Wednesday, April 9, 2014 at 6:30 p.m.
Information Session & Social

Find out how you can be a part of Family Council...
Find out how you can advocate for change at
Government level... Join us in the Fireside Lounge

Pet Corner



Paula LaFrance has adopted 7 year old Tia from her mother-in-law who is too ill to care for her. This little Poodle Mix pooch was a real hit with all the folks she visited here!

Ever Wonder ...?



Why one careless match can start a forest fire,
but it takes a whole box to start a campfire?

Why if "Jimmy Cracks Corn" and nobody cares,
there is a whole song written about it?

Why chickens are the only creature we eat
before they are born and after they are dead?

2014 BAY FREEZE WINNER

Congratulations to

*Dawn Gallinger-Dumont, 2014 Winner of this
year's Bay freeze Contest.*

*Last Year's Winner was Wayne
Ferguson who guessed the Bay
would freeze over on
January 27th, 2013....*

*This year the Bay froze over early on
January 3rd 2014.*



Teri Salt (right)
presents the
winning envelope
to Dawn Gallinger
Dumont who
donated her half
back to the
Residents.
Thanks, Dawn! A
total amount of



Staff News



Welcome to Krista Nelson, HR Student; and
John Rankin, Housekeeping Department.

Farewell and Best Wishes to Linda Nolan, Director of
Nursing Administration as she accepts a position closer
to her family the end of February. Congratulations to
Dace Smith who will assume this position effective
February 8th, and to Susan Laing on her promotion to
the Interim Position of Associate Director of Resident
Care effective February 1st.

Deepest Sympathy goes out to Cindy Littler on the
loss of her husband, Murray.

2014 SNOW MELT GUESS



When will the
“Ross Titus Memorial” Snow Pile
melt on the front lawn???

Same location as previous years:

outside the original building
between the two sidewalks in
front of the Residence of Belview
by the Bay Building. Contest is
open to everyone. Pick your
dates early! Cut off date to guess: April 11th 2014; at
4:00 p.m. \$2.00 per guess blocks the whole day!
Enter at Administration as often as your toonies
last! Half of the Proceeds to be donated to the
Residents.

