

Belvedere Heights News & Views August 2013



Grandparent's Brag Corner



Four Generations: Marion Barrett holds her adorable Great Granddaughter **Emma Isabel** who was 9 days old at the time of their visit. Standing: (L-R) **Grandma Sue, Great Auntie Laura, and Mommy, Jess.** Emma's birth weight was 7 lbs. 6.5 oz.

Residents' Bill of Rights – Revised May 2010

24. Every Resident has the right to be informed in writing of any law, rule or policy affecting services provided to the resident and of the procedures for initiating complaints.

Pet Corner



Mary Hoskins rescued **Pedro** (left) and **Chiquita** (right) from Mexico and brought them home for her daughter Sandy. Grandpuppy in the middle (**Coby**) welcomed the newcomers. Coby belongs to Mary's daughter Tracy and is one of Patti Shurr's puppies.

Staff News

New Staff: Welcome to **Tammy Vasic, Dietary Dept., Erwin Verblac Maintenance Dept., Nicole Smith, Michelle Earley, Chris McEwen, Sarah Cartwright, Danielle Ward, Dileep Mohanan, Aben Joseph, Tanya Greenhalgh and Lee Ann Espe, Nursing Dept.**

Farewell to Marian Beauregard



The CSS Staff gathered to share a piece of blueberry custard pie and to wish colleague **Marian Beauregard** (seated) all the best on her last day here after 5 years of service. CSS Co-workers: (L-R) **Dawn Rouse, Linda Taylor, Val Stanley and Karen Laurin.**

Ever Wonder ...?



Why your kids are becoming you,
but your grandkids are perfect?
Why the things you used to care to do,
you no longer care to do, but you really do care
that you don't care to do them anymore?
Why you have 3 sizes of clothes in your closet;
2 of which you will never wear?



Health & Safety Tips – by Tessa

Health & Safety is becoming a part of us. I have had staff tell me that they have noticed H & S issues out and about beyond the workplace. Keep up the great observations for health and safety hazards. We need to keep ourselves and others safe everywhere. Teach your children to be observant of health and safety issues so that when they start to work they will be well prepared to keep themselves safe.

Crafters Corner Summer Hat Creations





(L-R) Kay Chapman, Stella Hardwick, Yvonne Harvey, Sharon Noganosh, Teri Salt, Eileen Laing, (with the glue gun?) Marg McNicoll, Dot Williamson, Marion Ferguson and Ella Higman model their hats.



How it made a nice wrap and kept so warm
 Had we ventured out without a warm jacket,
 Off came Grandma's apron, to keep us from harm.
 I could write on and on about Grandma's big apron,
 In my mind's eye I can picture it yet;
 Full of chips for the stove or apples from the tree,
 She watched out for her loved ones,
 That I ne'er can forget.

If Grandma should see what we call an apron,
 With no nine inch cross stitching, no voluminous folds,
 She'd be just as surprised as the young folks are nowadays,
 To learn of the things that her apron could hold.
 Or along toward evening I'd see her out looking
 Around near the wood pile or the old cider kegs,
 And when she came in with apron a-bulging,
 She had busily and happily gathered the eggs."

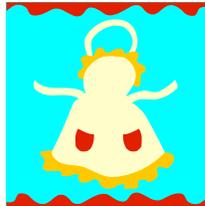
THEN & NOW: Grandma set her baked hot apple pies on the window sill to cool. Her granddaughters set theirs on the window sill to thaw. They would go crazy now trying to figure out how many germs there were on that apron....I never caught anything from an apron... But Love.
 (Author Unknown)



Poetry Section

Grandma's Apron

The principal use of Grandma's apron was to protect the dress underneath, because she only had a few, it was easier to wash aprons than dresses and they used less material, but along with that, it served as a potholder for removing hot pans from the oven. When company came, those aprons were ideal hiding places for shy kids. And when the weather was cold grandma wrapped it around her arms. Those big old aprons wiped many a perspiring brow, bent over the hot wood stove. When unexpected company drove up the road, it was surprising how much furniture that old apron could dust in a matter of seconds. When dinner was ready, Grandma walked out onto the porch, waved her apron, and the men-folk knew it was time to come in from the fields to dinner. It will be a long time before someone invents something that will replace that 'old-time apron' that served so many purposes.



Inspirational Thought



Rule 133 For a Better Way to Live
 Contentment does not come from wealth
 It's not something you can buy;
 Contentment comes to give you peace
 When you depend on God's supply

"Do you recall Grandma's big apron
 That covered her clear from her waist to her feet?
 With long apron strings so convenient for tying
 with waist large or small, it was ever so neat.
 Oh, the multiple uses of Grandma's big apron,
 Wiping the tears or a boy's "runny" nose;
 How do we manage with these modern contraptions
 With crocheted fol-do-rols and fluffy big bows?
 How well I remember my Grandma's big apron,
 Of its many uses modern kids couldn't guess;
 For wiping the tears when one fell by the wayside,
 Or held comfortably wrapped while we took a rest.
 How often I'd see her come in from the garden,
 Her apron full of good things she had found;
 Perhaps it was string beans or maybe some carrots,
 Or a nice mess of radishes fresh from the ground.
 She would gather the chicks so downy and yellow,
 When the crafty old hen had hid out their nest,
 And carry them safely in her roomy big apron,
 To their new little home where they settled to rest.



Guardian Angel Carl Marshall

Carl received his angel pin from **Mary Gwen Lawson** on behalf of Family Council.
Congratulations, Carl!



Thelma Mary (Campbell) Green's 90th Birthday

by Mary Brear

In '23 Thelma Mary Campbell arrived
 For 90 years this Prairie Chick
 has survived
 Sandstorms and blizzards
 she did weather
 And through life's ups and downs kept
 it together



When her big brother George off to school went
 Thelma cried so hard that she too was sent
 Their horse, Nellie, drew them in cutter or sleigh
 No hills to climb; but it *was* 2 miles each way!

All the vehicles Nellie would try to pass
 After grazing all day, she was full of gas!
 In Saskatchewan trees are very rare
 So “Cow Paddy” fuel was collected with care

On Arbour Day, Russian Thistles were lit
 Hot dogs roasted “black as you boot”, were a hit
 Prisoner’s Baseball was played at school
 Thelma could tell you about their rule



Thelma’s Mom had severe asthma in the west
 So Thelma kept house, cooking up the best
 Babies Laura and Glen brought the family to six
 (That was lots of bread dough for Thelma to mix)

In ‘40 this wheat farmer family moved back east
 Where Aunt Ella, with her asthma suffered least
 Settled in Parry Sound, near more cousins
 Back to their roots; with Campbells by the dozens

Thelma was with the RCMP in Toronto awhile
 Then came back to town; city life not her style
 She married my cousin Harvey Green in ‘47
 In ‘48 Lloyd was born; A gift from heaven!

Thelma loved her family, cat and raspberry patch
 At Horticultural Contests she had no match
 A Foley Fair Champion – winning, hands down
 At Halloween here, she was the best clown!



“Is Thelma your Mom?”
 Belvedere Staff ask
 “Better” I reply;
 “She stepped up to the task”
 With my parents gone
 over forty-five years
 Lloyd’s shared his Mother, as
 she dried my tears

1st and 2nd and 3rd Cousins we were
 Green, Campbell and Robinson Trees we share
 We treasured Green picnics at our lakeshore farm
 And enjoyed visiting Thelma & Harvey in town

Thelma’s has made many friends during her life
 She was a wonderful mother, grandma and wife
 Harvey died young at the age of 63
 Thelma faced the future alone Bravely

Lloyd married Colleen Syme, my school friend
 They have two children, Angela and Ben
 Ben married Jen and they have two sons:
 Colby and Jesse; Thelma’s **Great**-grandsons

For many years Thelma lived on Miller Street
 One day an old friend, Ed Rivett she did meet
 They were both on their own so started to date

Thelma blossomed again with a new soul-mate

A few years later Thelma moved to Belvedere
 And acquired *more* friends since coming here
 Ed passed away the week of her admission
 Alone once again, she faced another transition

Thelma’s a Survivor,
 Of that there’s no doubt
 Mastering health challenges,
 she’s not one to pout
 Thelma’s highly esteemed
 by more than a few

Her quick wit and humour still shines through



So we celebrate with this
 special lady today
 With her family and friends
 here to display
 Much love and affection and
 best regards
 Through flowers, gifts and
 Birthday Cards!

Happy 90th Birthday, Thelma.....

*May God richly
 bless you
 as you have
 blessed others
 throughout
 your life!*

(L-R) Back Row
 Thelma, her son
 Lloyd, daughter-in-
 law Colleen.

Front Row: Ben &
 Rebecca Green (niece and great-nephew.)



Legion Presentation to Belvedere

Belvedere’s CEO
Donna Dellio
 (left) accepts a
 cheque for
 \$6,500 from
 Legion
 Representative,
Ernie Watthey.
 The money was
 from the
 Provincial
 Branch and used
 to purchase the
 Arjo Lift shown
 in the picture.

Dawn Smith,
 President of Resident Council thanked the Legion for
 their generosity on behalf of the Residents.





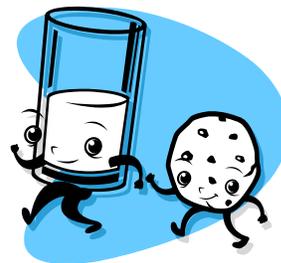
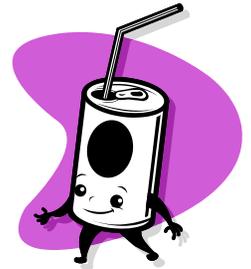
Ernie Watthey stopped to check out the poppies on the Veterans Monument in our park. The Poppies were mounted compliments of **Morley Tucci** in memory of the soldiers whose lives were lost for us.



In Memorium
Deepest Sympathy is extended to the families of:
Hartley Bosley
Gunter Lange
Elin Anderson

Tried & Tested Recipe
Easy Tasty 7-Up
Biscuits

- 2 cups Bisquick
- $\frac{1}{2}$ cup sour cream
- $\frac{1}{2}$ cup 7-Up
- $\frac{1}{4}$ cup melted butter



Preheat oven to 450 degrees.
Cut sour cream into biscuit mix; add 7-Up. Makes a very soft dough. Sprinkle additional biscuit mix on board or table and pat dough out. Cut into 9 biscuits. Melt $\frac{1}{4}$ cup butter in 9 inch square pan. Place in pan and bake 12-15 minutes or until golden brown.

Welcome to New Residents:
Frances McKenzie
John Bennett (re-admitted)

Falls Tip #12

✔ Keep all telephone cords well tucked out of the way to avoid tripping hazard.



✘ Do not use telephone with long cords in Resident Rooms.