

Belvedere Heights News & Views April 2013



Grandparent's Brag Corner



Hartley & Edna Bosley have a new great granddaughter. **Alyssa** (2 days old in the photo) was born on January 8, 2103 to Amy and Jason Bosley. She weighed 7 lbs, 1 oz and is a sister to Sydney. She looks like a contented little girl!

Verna Parr is 101 Years Young!



Happy Birthday Verna; you are an amazing lady!

Residents' Bill of Rights – Revised May 2010

20. Every Resident has the right to participate in the Residents' Council.

Inspirational Thought



Rule 129 For a Better Way to Live

Kind hearts are the gardens;
Kind thoughts are the roots;
Kind words are the flowers;
Kind deeds are the fruits!

Falls Tip #8



Keep the blankets neat on your bed.



Do not attempt to crawl in and out of a messy bed as you may become tangled up in the covers and fall!



Pet Corner

Mary Walker brought in three of her foster kittens rescued from the Ahmic Harbour Dump, (named after "Charlie's Angels" **Sabrina, Jill and Kelly**) to visit with Beulah Malkin. Mary stopped on her way through to share her furry feline friends with Jim



Davidson and the office staff.



Fireside Café Draw Winner

Congratulations to **Judy Green** who was thrilled to win the Gift Basket plus the Quilt donated by Teri Salt's Mom, Joy Smith.



Average Rent	\$75 per month
Tuition to University	\$600 annually
Movie Ticket	65 cents
Gasoline	18 cents per gallon.
Postage Stamp	03 cents

1950 Cost of Food

Granulated Sugar	85 cents for 10 pounds
Vitamin D Milk	84 cents per gallon
Ground Coffee	70 cents per pound
Bacon	50 cents per pound
Eggs	24 cents per dozen
Fresh Ground Beef	49 cents per pound
Fresh Baked Bread	17 cents per loaf



Staff Monthly Attendance Draws:

2013 WINNERS

Nursing Staff: Dawn Robinson

Support Staff: Brenda Dunk

Winning tickets were drawn by

Arlene Poytress & Pat Adams, Tuck Shop Volunteers.

Welcome to New Residents:

Roberta (Bobby) Cook

Jim

Carruthers

Death of the Pillsbury Doughboy found On-line

Veteran Pillsbury spokesperson, the Pillsbury Doughboy, died yesterday of a severe yeast infection and trauma complications from repeated pokes to the belly. He was 71. Some fervent devotees expected him to rise again, but they were disappointed.



Doughboy was buried in a slightly greased coffin. The funeral was held at 3:50 for about 20 minutes. Aunt Jemima delivering the Eulogy described Doughboy as a man who "never knew how much he was kneaded." Doughboy is survived by his second wife, Play Dough, his elderly father Pop Tart and three children: John Dough, Jane Dough and Dosey-Dough. They had three children and one in the oven.

The Doughboy rose quickly in show business but his later life was filled with many turnovers. He was not considered a very smart cookie, wasting much of his dough on half-baked schemes. Despite being a little flaky at times he was still a crusty old man; and considered a roll model for millions.

Dozens of celebrities turned out, including Mrs. Butterworth, the California Raisins, Hungry Jack, Betty Crocker, the Hostess Twinkies, Captain Crunch and many others. The graveside was piled high with flours.

Earl Donnelly (on left) welcomed **Bob Sheridan** to Belvedere with a lovely new afghan.



Ella Higman (on right) welcomed **Leona Cousineau** to Belvedere Heights with one of Barb Sichewski's beautiful lap covers.



1950 Cost of Living - From Cec Mintz

New Home	\$8,450
Average Income	\$3,216 annually
New Car	\$1,511



ABOVE AND BEYOND

Have you recently witnessed a staff member using "Above and Beyond" to enhance the Quality of Life for our Residents at Belvedere?



Please record your observation on one of the cards on the "Above and Beyond" Bulletin Board in the Main Level Hallway beside the Community Room.

This will ensure staff members are recognized as they focus on providing excellent Resident Centered Care in the Home. Together we make a difference!



In Memorium
Deepest Sympathy is extended to the families of:
 Eliza Hicks Stanley Olds
 Beulah Malkin Anne Vigrass
 George Waldrum



Joanne Carney's "Miracle Baby" Allysya weighs 6 lb. 5 oz. and is 1 month old! Joanne shares this promised picture of their little sweetheart with parents Allain and Melanie.

HAPPY 90TH MARION!

Marion Ferguson celebrated her 90th Birthday with her Family and Friends on February 16th. Congratulations, Marion!



Poetry Section Last Respects



You didn't die just recently, you died some time ago
 Although your body stayed awhile and didn't really know
 For you had Dementia, you failed to comprehend
 Your body went on living but your mind had reached its end

We've already said "Good-bye" to the person that we knew
 The person that we truly loved; the person that was you
 And so we meet again today to toast your bodies end
 For it was true and faithful right up until the end



And so when we remember, we'll think of all the rest
 We'll concentrate on earlier and remember all the best
 For in the real scheme of things, your illness wasn't long
 Compared to all the happiness that you brought your whole life long

We think of you as yesterday when you were fit and well
 And when we're asked about you
 It's those things that we will tell
 And so we meet in remembrance
 Of a mind so fit and true
 We're here to pay our last respects;
 And to say that we love you!



Author Unknown.



L-R Back: Granddaughter **Amanda**, Great Grandson **Graydon**, son **Wayne**, Grandson-in-law **Mike**, daughter **Lynn**, Grandson-in-law **Rick**. Seated: Great Grandson **Cameron**, daughter-in-law **Sue**, and **Marion**. Front: Great grandson **Matthew**, Granddaughter, **Pam**, Great Grandson **Chase**, Granddaughter **Missy**.



Staff News

Congratulations to **Gary and Thelma Hickey** on the birth of their grandson **Ethan Hickey** on March 3, 2013. Ethan weighed 9-11 and hopefully we will have a picture of him to share soon!

New Executive for BELVEDERE RESIDENTS' COUNCIL

DAWN SMITH - CHAIR



pin from Family Council Rep, **Linda McGown**.
Congratulations, Don!



**ELLA HIGMAN -
CO-CHAIR**

**Tried & Tested
Recipe**

**Amish Tomato Pie -
Mary Brear**

Mix until right consistency:

2 cups Bisquick

½ cup of milk

(or your favourite biscuit dough)

Press into bottom and sides of greased pie plate.

Slice 2 large (or 3 medium) tomatoes to line crust.

(Meat lovers may want to add ¾ cup cooked, crumbled
bacon pieces over tomatoes.)

Sprinkle with:

1 tsp Basil

1 tsp Parsley Flakes

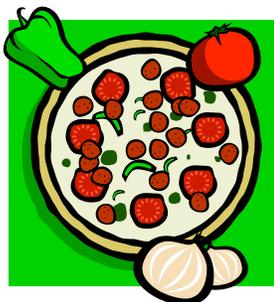
½ tsp Thyme leaves

½ tsp Oregano

½ tsp Onion powder

1 tsp Brown Sugar

Salt & Pepper to taste



Mix together:

1 cup Mayonnaise

1 cup shredded cheddar cheese

Spread over tomatoes and spices.

Bake at 350 for 35-45 minutes until golden brown.

Easy and Delicious!

Pretty Shamrocks Created at Crafter's Corner



(L-R) Shamrock Artists: **Muriel Stewart, Ella Higman, Kay Chapman, Teri Salt, Elin Anderson, Leona Cousineau and Bobby Coles.**

To Contact Us:



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Aged**

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Ever Wonder ...?



Why the higher your I.Q. is; the more you dream?

Why big toes have two bones each while the rest have three?

Why it is impossible to sneeze with eyes open?

Guardian Angel – Don Stone

Don Stone
received his angel

