

Belvedere Heights News & Views July 2014



Grandparent's Brag Corner



Val Clarke's second grandson, Parker, arrived April 25th and Grandma Val says "He is soooo cute!" (We agree.)

In Memorium

Deepest Sympathy is extended to the families of: Marion Barrett
Bill Torbett
Jim Davidson

Residents' Bill of Rights – Revised May 2010

8. Every Resident has the right to be afforded privacy in treatment and in caring for his or her personal needs

Yvonne Harvey's Volunteer Hat



1st Prize Hat "The Garden of Eden"

Staff Monthly Attendance Draws:

2014 WINNERS

Nursing Staff: Karen Bottrell

Support Staff: Sherry Quinn

Winning tickets were drawn by Yvonne Harvey, Tuck Shop Volunteer.

Inspirational Thoughts



Rule 144 ... For a Better Way to Live
We've seen better days, but we've also seen worse.

We don't have everything we want, but we do have all we need. We woke up with some aches and pains, but we woke up. Our lives may not be perfect, but we are blessed.

Dace Smith Director of Nursing Administration
Congratulates Uma Goms, Reg. N



Uma Goms (on right) successfully earned the Canadian Nurses Association certification credential in Gerontology nursing. She has met a national standard of professional competence that demonstrates her broad understanding of the Gerontology nursing specialty. She has met the rigorous nursing practice, continuous learning and testing requirements. Congratulations, Uma from all of us!

Ever Wonder ...?



Why change is inevitable, except from a vending machine?
Why when you have a 50-50 chance of getting something right, there's a 90% probability you'll get it wrong?
Why the things that come to those who wait may be things

left by those who got there first?



Farewell Tea for Mary Hoskins

Mary received tokens of appreciation for the many years of service to our Residents. Earl Donnelly presented Mary with a gift from Residents' Council.



In Loving Memory of Marion Barrett

(1923 – 2014)



Ella Marion
Kathleen
Ormiston was the
6th of ten children
born to Charles
Ormiston from
Cobourg, Ontario
and Laura
Rankin from

Foley Township. Charles and Laura had married in Regina, Saskatchewan on December 18, 1911. Marion was born March 22, 1923 in Regina. Her family had first lived on farms near Grand Coulee 10 km west of Regina, and later moved into town to live in the old Presbyterian manse which had been vacated by the Presbyterians following church union in 1925.

Like many people from eastern Canada during the period 1870 to 1930, Marion's parents had traveled west looking for work. In 1931, the Ormiston family traveled by train to Ontario to live on the farm of James Rankin (Marion's maternal grandfather) at Third Lake, about 13 miles from Parry Sound. It is likely that the move back to Ontario was influenced by the depression, the grasshoppers on the prairies, and the sandstorms. Like many families of that time, money was scarce. There was no electricity in the area and life presented many challenges. Laura's health continued to be poor, and she died the following April at age 41. Charles managed his family with the help of friends and the children themselves. Gracie stayed at the farm to help raise the

younger ones. Vera began working around this time for a family in town to supplement the family's income. She married Karl Falstrem in 1934. Gib, the baby, lived with Karl and Vera for periods of time. Marion also lived in town with Vera and Karl while she attended high school. Later, she stayed with the Matthews' family when she worked at the Bell Telephone Company (1940-'42). About 1940, Charles moved his family to a McDougall farm for two years and then to the house on Georgina Street in Parry Sound. Ella Marion Kathleen Ormiston married Howard Barrett in 1942 in Parry Sound. They lived in Toronto for a short time, but soon moved back to Georgina Street where they raised their family of four children: Dale, Sharon (Cowan), Sue (Ritchie) and Laura (Fujimoto).

They had lived for about 60 years at 7 Georgina Street before moving to an apartment on Georgian Bay Avenue for a brief period. In 2005, they gave up that apartment and moved to the Belvedere Heights. With the tremendous, caring support of the Belvedere staff, they were active and they enjoyed that period of their lives. They were in their 70th year of marriage when Howard passed away in 2012 at the age of 92 years, 8 months. Marion certainly missed Howard, but was comforted by her Christian faith and the knowledge that he was in a better place.

Marion worked outside the home on a number of occasions over the years. For instance, she cleaned Dr. Malkin's office. She was a store clerk for the Dee Shoppe across from the Post Office. On February 2, 1961, during the time when Marion was managing that store, she had a front row seat when the old Brunswick Hotel burned to the ground. Marion later worked at the Stedman's Store, at Adams' Ladies Wear, and as an assistant in the pharmacy at Pollard's Drug Store for several years.

Marion sang in the choirs at St. Andrew's Presbyterian Church (Parry Sound) for more than 50 years. As she reached her sixties



and seventies, her eyesight became worse from macular degeneration which left her with only peripheral vision. With the help of enlarged print, she was able to continue singing, but she eventually had to give up this ministry; however, her memory for the words of hymns still allowed her to continue singing many of the old hymns with the congregation. Her example in music ministry carried over to her children all of whom enjoyed singing both in their younger and older years. Dale became a teacher, led children's choirs and sang in barbershop quartets and chorales. Sharon sang in the church choirs, taught the very



young children of the church to sing, and led singsongs for women's groups and seniors' teas for many years. Laura is a song leader and a choir member in her Mississauga Presbyterian church. While growing up, Sharon, Sue and Laura sang as a trio in church and won many music competitions. In addition, the four siblings sang in family quartets, and the girls sang as a women's trio for many years. The Barrett family is well known as a gospel music family and Howard was always their greatest admirer! The last time that the family sang at St. Andrew's, Howard was finally convinced to join them in singing "The King is Coming"; along with Don (Sharon's husband) who had joined the 4-part harmony to sing bass. Marion and Howard continued to serve and appreciate their church family through their senior years. Marion was a key person in the church's prayer chain and Howard attended a Saturday morning local, interdenominational men's prayer group for many years. They very much enjoyed a longtime weekly Bible Study group in the home of Mary and Wilmer Gingrich. Of course they attended weekly church services and worshipped with their many Christian friends and admirers until their very senior years. At the time of her death, she was the longest standing member of St. Andrew's Presbyterian Church.

On March 30th of this year (2014), Marion wrenched her back and broke her left arm when she attempted to help a friend who was falling. Then on May 6th at the age of 91, she suffered a stroke which affected the left side of her body and impaired her abilities to walk, eat and speak. On Mother's Day morning she told the Belvedere staff that she needed to go to the hospital. When the nurse asked her if she should consult her family beforehand, Marion politely said, "No. I've made my decision." After a brief stay in ICU, Marion passed away peacefully on Saturday, May 17, 2014 surrounded by family.

As a couple, Howard and Marion inspired many people inside and outside their own family. They were an unassuming, tremendously loving and beloved couple. When people think of one of them, they automatically think of the other. Marion's music ministry encouraged and blessed so many. Her memory for dates and her initiative in reaching out to individuals on their special occasions was phenomenal. Her prayer ministry was exceptional. Her positive influence and encouragement will continue to bolster the lives of her four children, her grandchildren and her great grandchildren.

Marion was a fine Christian woman. She knew that God so loved the world that He gave His one and only Son that whoever believes in Him shall not perish but have eternal life. Though she has walked through the valley of the shadow of death, she feared no evil, for God

was with her to comfort her. She will now dwell in the house of the Lord forever. Praise God!

(Compiled by Don Cowan, 2014)



Happy 90th Birthday Inge

Inge's sister **Christa Strasburger** (left) joined **Andy and Inge Kantor** (below) at the Fireside Café as Inge clapped to Marg Walter's lively piano performance on her 90th Birthday!



Welcome to New Residents: Bruce Miller Howard Schneider

Belvedere is pleased to support the "Military Service Recognition Book" project of The Royal Canadian Legion Ontario Command.



Thank you

The entire staff of Belvedere would like to thank **Lauren White** and **Jackie Belanger** for an excellent Nursing Week. The whole week was well-planned; provided a lot of fun and everyone had a great time!

Donelda McConnell was pleased to receive her welcome lap cover made with TLC by our friend **Barb**



Sichewski.

Tried & Tested Recipe **Campfire Banana Boats**

Peel 4 large bananas.

Make a lengthwise slit along inside curve of each banana, (but don't cut all the way through); then gently open to form a long hollow. Place each banana on a large piece of foil. Divide ½ cup mini-marshmallows, and 3 tlbs each chocolate chops and chopped pecans into 4 portions.

Stuff each banana with a portion. (It's OK if some spills out.) Seal foil around bananas. Preheat barbecue to medium. Place foil packets on grill. Barbecue or place on rack over campfire for 8 min. Carefully open foil packets.



Chocolate should be just starting to melt.

Guardian Angel – Sheri Bailey

Sheri (on left) receives her angel pin from **Bunny Davis**.

Congratulations, Sheri!

<u>Sun</u>	Mon Thurs	Tues <u>Fri</u>	Wed <u>Sat</u>
1	2		
3	4	5	6
	7	8	9
10	11	12	13
	14	15	16
17	18	19	20
	21	22	23
24	25	26	27
	28	29	30
31			

August 2014, will have 5 Fridays, 5 Saturdays and 5 Sundays. This happens only once in every 823 years. This is the only time you will see this phenomenon in your lifetime.

Joan Smith

Last month's Guardian Angel, Volunteer **Joan Smith** (centre) received her Angel pin from Residents **Marg McNicoll** (left) and **Dot Williamson** (right).



Staff News

New Staff:

Welcome to **Katherine Skelding**, our new **Foot Care Provider**.

Welcome also to **Tolulope Nelly, Reg. N.**, and **Elizabeth Jacklin, PSW**, in *Nursing Department*.



August 2014 Calendar