

Belvedere Heights News & Views March 2014



Pet Corner



Wilfred Brownley's Grandpuppy "Hammer" and his daughter Margaret had a great visit!

4. Every Resident has the right to be properly sheltered, bed, clothed, groomed and cared for in a manner consistent with his or her needs.



Paddy texts his wife...
"Hi Mary, I'm just having one more pint with the lads. If I'm not there in 20 minutes, read this message again."

Welcome to New Residents:
Ethel Sullivan Dorothy
Tonkin Lynn Whitely

Wi-Fi will be available at the Fireside Café in mid-February. Please check the notice posted at the Café for the access code.

Belvedere's 9th Annual Golf Fun Day
Our Golf Tournament will be held on **Sunday, June 1, 2014** at the Parry Sound Golf & Country Club. Mark your calendars for this great cause and expect to have lots of fun! Your participation will help support the Belvedere Resident Camping Experience at the CNIB Camp on Lake Joseph. If you are not a golfer, you can sponsor a hole or donate a prize. Call Carol Marshall at 705 774-7320 for more information.



Ethel Sullivan (left) receives her welcome afghan from



Lillian Robinson.



Dorothy Tonkin (left) loved her pink welcome lap cover made with TLC by our friend, Barb Sichewski.



Lynn Whitely (left) was welcomed to Belvedere by **Muriel Stewart** (right) with a lovely afghan.

Inspirational Thought



Rule 140 For a Better Way to Live
There can be times when one's mind is in doubt, Times when one asks what the faith is about;
But we can believe God, we know that He cares;
Our God is real, as the Bible declares.

Residents' Bill of Rights – Revised May 2010

Ever Wonder ...?



Why Committees are a body that keeps minutes but wastes hours?

Why others have wrinkles, while we have character lines?
Why everyone driving *slower* than you is an *idiot*
but anyone going *faster* than you is a *maniac*?

Poetry Section

I'll Wear a Shamrock

Author unknown



**St. Patrick's Day is with us,
The day when all that's seen
To right and left and everywhere
Is green, green, green!**



**And Irish tunes they whistle
And Irish songs they sing,
Today each Irish lad walks out
As proud as any king.**

**I'll wear a four-leaf shamrock
In my coat, the glad day through,
For my father and mother are
Irish
And I am Irish too!**



Mintz Brothers are 90+ Club Members



Resident **Cec Mintz** (left) and his brother **Clem** (right) enjoyed a visit at the 90+ Celebration.

PLEASE NOTE: MEAL TIME CHANGES ON
OAKRIDGE WILL BE 8:30 PM: BREAKFAST;
12:30 PM: LUNCH AND 5:30: PM SUPPER.



WARNING! There have been many
fraudulent telephone calls received
recently. If it sounds too good to be
true, it probably is! We strongly
recommended that you **DO NOT** reveal
personal information to **ANYONE** on the telephone!

Staff Monthly Attendance Draws:

2014 WINNERS

Nursing Staff: Danielle Ward

Support Staff: Mary Brear

Winning tickets were drawn by
Joan Smith, Tuck Shop Volunteers.

2014 SNOW MELT GUESS

When will the
"Ross Titus Memorial" Snow Pile
melt on the front lawn???



Same location as previous years:
outside the original
building between the two
sidewalks in front of the Residence
of Belview by the Bay Building.
Contest is open to everyone.
Pick your dates early! Cut off date to guess: April
11th 2014; at 4:00 p.m. \$2.00 per guess blocks the
whole day! Enter at Administration as often as
your toonies last! Half of the Proceeds to be
donated to the Residents.



In Memorium

Deepest Sympathy is extended to
the family of:

Leona Cousineau Sharon
Noganosh
Bernadette Asselstine



Middle age is when
you still believe
you're gonna feel
better in the morning!

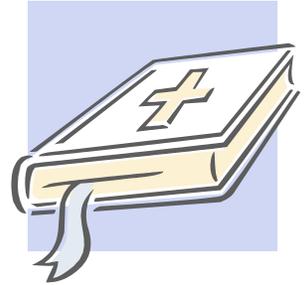
Congratulations to **Isobel Hiscock**,
the winner of our Fireside Café
Christmas Basket Draw.

**Feature Profile * Hope
Hurlbut**



When she returned to Hong Kong she was able to pursue her career as a nurse. A few months later a physician friend of hers who was a missionary in Borneo invited her to join him there in the Mission field, which was Hope's passion. She spent the rest of her life sharing the Gospel Message with the people of Borneo.

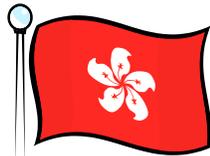
While working with Dr. Christopher Willis she was faced with the challenge of translating the New Testament for the Kadazan people to read in their own language. This task was successfully completed over a period of thirty-one years.



Hope Hurlbut was born in Toronto on May 10, 1934, the oldest child in a family of four. Her siblings, Myrtle, Ian and Peter all live in the Parry Sound area. Hope became a Christian when she was twelve and dedicated her life following God's will, sharing her deep faith with others.

Hope graduated as a Registered Nurse in 1955. She nursed for one year in Toronto.

In 1956 Hope travelled to Hong Kong to seek employment in the nursing field. The Government there advised that she was not



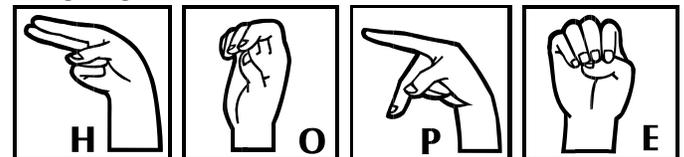
qualified to work in their Hospitals because she had trained at the Hospital for Sick Kids. Undaunted, Hope decided to learn the Cantonese language while she was there. She was then allowed to teach the English language to all ages, including Bible stories. Her first term in Hong Kong spanned four years.



Hope returned to Toronto in 1960 where she spent two years at the Toronto General in order to qualify as a nurse in a British colony.

In her "spare time" she went to school and obtained her Master's Degree in Linguistics while she lived in the East.

As a child Hope had been taught the American Sign Language alphabet by her father. She was very grateful for that knowledge. One of her colleagues found out that she knew sign language so asked her to survey the signed languages of Asia. This was Hope's most recent project. She discovered a number of "new" signed languages.



Hope learned eight different languages including Cantonese, Kadazan, ASL, French, Mandarin and Malaysian. As recently as 2011-12 she studied French in the province of Quebec. Hope has also authored several articles and books!

Hope has resided in Cedarpark since her admission to Belvedere in October, 2013. She very capably communicates through her tablet, as well as signing. This amazing woman is a true inspiration to everyone at Belvedere Heights



and we count it a very special privilege to get to know her. May God richly bless you Hope, for your unselfish contribution throughout your life to make this world a better place to live!

Fran Brown Celebrates her 90th Birthday



(L-R) Nancy Love, Jane Charlesworth, Fran, Patty Yeomans.

Peace Initiative Quiz Winners

Limna Varghese (on left) drew **Renu Shaju's** name for the Sunshine Basket while **Jackie Belanger**



(on right) looks on. **Tammy Rayner** won the Tim Horton's Card and **Marie Pavuk** the Wal-Mart Card. The Chocolate Boxes were won by **Danielle Ward, Connie Harrison** and **Jennifer Anderson**. Congratulations to the winners!

Tried & Tested Recipe Crock Pot Irish Stew

- 1 lb boneless lamb (or beef) cut into 1 inch chunks
- 2 tlbs cooking oil

- 1 medium turnip, peeled & cubed into ½ inch pieces
- 4 medium carrots peeled & sliced into ½ inch chunks
- 4 medium potatoes peeled & cubed into ½ inch pieces
- 2 medium onions cut into wedges
- ¼ cup quick cooking tapioca
- 1 tsp salt
- ¼ tsp pepper
- ¼ tsp dried thyme, crushed (or seasoning of choice)
- 3 cups beef broth
 - * 1 cup frozen peas
 - * 1 cup frozen corn



- 1. Brown meat chunks in large skillet in hot oil; drain. .

- 2. Combine remainder of ingredients (except for the peas & corn) in 4½ quart crock pot. Stir in browned meat and broth.
- 3. Cover; cook on low for 10 hours or high for 5 hours.
- 4. * Add peas and corn ½ hour before serving.

Spring is just around the corner?



Photo Courtesy of Yvonne Harvey

Staff News



New Staff:

Welcome to **Meghan MacDuff**, Dietary Department, and to **Colleen Clark** and **Valerie Lemkay**, Nursing Department.

The Belview by the Bay Group hosted a surprise Birthday Dinner for **Pauline Hind**; topped off by a delicious Bilingual Cake!



Guardian Angel:

Amanda Peltomaki



Lynda McGowan presented **Amanda**

Peltomaki with her Angel Pin.
Congratulations, Amanda!