

Belvedere Heights News & Views April 2014



Pet Corner

Darlene O'Brien (right) and her daughter **Ashley** recently came in to visit with their beautiful dog, **Cody**.



until cake springs back when touched lightly. Cool right side up 25 minutes before removing from pan.

Glaze: Blend 1 cup icing sugar and 2 tablespoons milk. Drizzle over cake. Delicious!

In Memorium

Deepest Sympathy is extended to the families of: Mary Wager
Isobel Hawkins
Stan Clelland
Jackson Gladys
Ethel Sullivan
Firth Marilyn
George Butler
Parsons Betty
Alice Crossland

Welcome to New Residents:

Marilyn Firth	Gerald Williams
Laura White	Audrey Forbes
Irene Draycott	Edith DeMartin
Lorne Ferris	Alaine Newton

Tried & Tested Recipe
(at Fireside Café)
SOCK-IT-TO-ME-CAKE
Compliments of Pat Adams



1 package Duncan Hines Butter Recipe Golden Cake Mix
1 cup (8 oz) dairy sour cream

1/2 cup Crisco Oil
1/4 cup white sugar
1/4 cup water
4 eggs



Filling:

1 cup chopped pecans
2 tbs brown sugar
2 tsp cinnamon

Preheat oven to 375 degrees.
In large bowl blend cake mix, sour cream, oil, sugar, water and eggs. Beat at high speed for 2 minutes.
Pour 2/3 batter in greased and floured 10 inch tube pan.
Combine and sprinkle filling ingredients over batter in pan.
Spread remaining batter over filling mixture. Bake 45 minutes



Congratulations, to **Tammy (Frank) & Dean Ash**. They were married in Phoenix, Arizona on February 14th. Valentine's Day will be special date for them!

Staff Monthly Attendance

Draws:

2014 WINNERS

Nursing Staff: Debra Rosewell

Support Staff: Chrissy Dumont

Winning tickets were drawn by Muriel Crawford and Richard Holloway.

Kay Wilkinson Donates a Snow blower!

Kay of the Residence of Belview by the Bay (on left) has very generously donated this snow blower. **Pauline Hind** on the right



is anticipating more snow to try out this brand new machine!



BELVEDERE HEIGHTS INVITES FAMILY & FRIENDS TO AN EDUCATION OPPORTUNITY
TOPIC: "Infection, Prevention & Control"

Presented by Barb Bennett RN
 on Thursday May 1 at 2:00 pm and at 6:30 pm
 In the Belvedere Heights Auditorium
 Contact Carol Marshall for further info at 705-774-7320



Inspirational Thought



Rule 141 For a Better Way to Live
 Remember a happy, peaceful time
 in your past; Rest there.
 Each moment has a richness
 that takes a lifetime to savour.

Residents' Bill of Rights – Revised May 2010

5. Every Resident has the right to live in a safe and clean environment.

Ever Wonder ...?



Why your tongue is the only muscle in your body that is attached at just one end?
Why when my spouse and I "have words" I don't get to use mine?
Why only special people can give without remembering and take without forgetting?

Happy Birthday, Wayne!

Wayne Carlisle celebrated his birthday with friends (L-R) Sharon Lamore, Inge Kantor, Andy Kantor, Christa Strasburger and Marg Walter. (Photos by Renate)



Crokinole Champs



(L-R) Linda Chappel, Bill Draper, Marg Walter & Judy Loof enjoy a lively game of Crokinole in Pine Dining room.

Poetry Section

EXPLAINING THOSE GOOD OLD DAYS (from Earl Donnelly)

When we were living those good old days
 They didn't seem so good
 We read by light of a kerosene lamp
 And heated our house with wood



We carried the water up the hill
 To wash and cook and scrub
 And took our baths behind the stove
 In a galvanized laundry tub



I can still feel old lye
 And feel the sting and
 When some of it got in
 But it really got out the
 We slept on a cornhusk
 Sometimes three in a



soap
 the hurt
 my eyes
 dirt
 mattress
 bed

If you were late you got the foot
 The early one got the head

We waded through snow, ice and mud
 To get to the seat of learning
 With a pot-bellied stove that froze our backs
 While our fronts were ever burning



We drank from a cup by the water
 pail
 On a bench where the teacher had
 put it
 And whatever ailments the kids had
 The rest were sure to get it



In winter we milked in a drafty barn
 While winds whistled through the cracks
 And the whirling snow, while we were inside
 Filled up our fresh made tracks



A little house at the end of a path
 Half hidden by brush and weeds
 In summer's heat, and winter's cold
 Served all the family needs

Now you may look
 envious eyes
 To those times, if you were twenty
 But I've been through those good
 AND ONCE, MY FRIEND IS



with
 old days
 PLENTY!

Bob Rumball's Camp for the Deaf
 (taken from their Website)



Bob Rumball (centre) is a Resident at Belvedere Heights and we are proud of his accomplishments and count it a privilege to know and care for this very special person!

The Bob Rumball Camp for the Deaf is a place of opportunity for the Deaf, hard of hearing and multiply challenged young people. The Camp functions as an inclusive environment where a Deaf child can enjoy everything that a summer camp can offer, but in an environment without any communication barriers. The Bob Rumball Camp of the Deaf is not an extra in the life of a Deaf child or Deaf adult with special needs. It is about changing lives, promoting self-esteem and providing opportunities. It is about creating memories that last a life time.

The Bob Rumball Camp of the Deaf was established in 1960 as a project of the Evangelical Church of the Deaf and the Ontario Mission of the Deaf. The pastor of the Deaf Church, Rev. Bob Rumball had a vision to have a facility in the heart of Ontario where a Deaf child could enjoy everything that a summer camp could offer, but in an environment without any communication barriers. The Bob Rumball Camp of the Deaf is that place, a place of opportunity for Deaf and special needs people.

In 1992 a decision was made to expand the facility and open up on a year round basis and a major fundraising campaign began. In the summer of 1993 they opened the doors of the Don Durno Lodge, a winterized facility housing a full size gym, assembly hall, dining room and accommodation for 100 people.

Today, they can house over 200 guests at any given time in year round dormitories, cottages and special needs guest rooms.

In the past 50 years they have helped build confidence, skills and leadership in hundreds of campers. Many, perhaps most, of these campers require financial assistance to attend. Many wonderful service clubs, organizations and individuals have made camp possible for these children through sponsorships.

Grandparent's Brag Corner



Rena Emlaw was thrilled with a visit from her great grandchildren 9 month old **Cooper** (on her knee), her husband **Howard** holds **Harlee** (3 years old) with Cooper and Harlee's parents **Rachel & Jason Emlaw** standing in the background. What a ray of sunshine those little people were in Mapleview!

Staff News

New Staff:



Welcome to Amber Haskim in Housekeeping Dept.



CSS – Congratulations to Dawn Rouse and Jim Dickie on their recent engagement!

Farewell to Linda Nolan, Director of Nursing Administration

Linda (left), says "Good-bye" to Sue Laing, Associate Director of Resident Care (right) and Lori Neall, Training Coordinator (centre).



Allan Hobourn poses with Linda in her "Memories of Belvedere" Nursing Cap created by Carol Marshall. To quote Allan, "We're sure gonna miss ya!"

Deepest Sympathy is extended to our neighbours at the Residence of Belview by the Bay as they mourn the loss of **Gerry Boone** and **Chris Belford**.

Selecting shoes: (TIPS FROM RAI)

- Wear shoes with a firm sole and interior
- Buy shoes late in the day when your foot may be larger due to swelling
- Limit your time walking barefoot
- Avoid shoes with soft soles. Shoes with soft soles and interiors, such as athletic shoes may provide too much “sway” and may not promote good balance
- Avoid typical home slippers, especially the “flip-flop” variety or these without heel support
- Avoid open-toed sandals, shoes with a heel more than one inch, flip flops, shoes with extra thick soles, and slip-ons.
- Buy shoes with laces or Velcro fasteners.
- If you don’t like wearing shoes, use slipper socks with the jiffy grip soles.



Mardi Gras was celebrated at Belvedere in fine style!

(L-R) **Linda Chappel** and **Teri Salt** admire the **Mardi Gras** cake.



Garfield Lavalley got into the spirit of things on Shrove Tuesday at the **Marti Gras** Celebration.

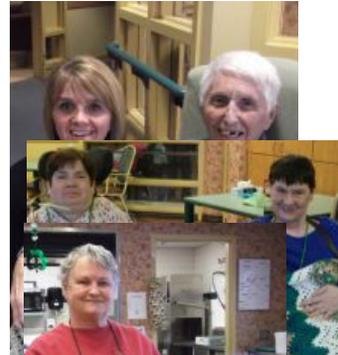
New Residents

were welcomed with lovely Afghans compliments of our friend **Barb Sichewski**:

Earl Donnelly (left) welcomes **Audrey Forbes**



Tammy Frank/Ash (left) welcomes **Irene Draycott**
Dawn Smith (left) welcomes **Laura White**



Susan Morrow (left) welcomes **Edith DiMartin**

Allan Hobourn (right) welcomes **Gerald Williams**.



Don't forget to submit your prediction at Administration Office for the Snow-melt....the cut-off date to guess is April 11th.

Guardian Angel

Pauline Hind presented this month's **Guardian Angel Susan MacCoubrey** with her angel pin. Congratulations, Sue!

