

Belvedere Heights News & Views July 2012



It was an exciting day in the history of Belvedere when Minister Tony Clement announced \$50,000 was granted towards our **Veterans Memorial Park**.



(L-R) Whitestone Councillor Bill Church, Parry Sound Councillor/Belvedere Board Member Bonnie Keith, Belvedere's CEO Donna Dello, Minister Tony Clement, Belvedere Board Chair Dr. John Cochrane, Seguin Councillor/Belvedere Vice-Chair Bruce Gibbon.

Residents' Bill of Rights – Revised May 2010

11. Every Resident has the right to,
- i. -participate fully in the development, implementation, review and revision of his or her plan of care,
 - ii. -give or refuse consent to any treatment, care or services for which his or her consent is required by law and to be informed of the consequences of giving or refusing consent,
 - iii. -participate fully in making any decision concerning any aspect of his or her care, including any decision concerning his or her admission, discharge or transfer to or from a long-term care home or a secure unit and to obtain an independent opinion with regard to any of those matters, and
 - iv. -have his or her personal health information within the meaning of the *Personal Health Information Protection Act, 2004* kept confidential in accordance with that Act, and to have access to his or her records of personal health information, including his or her plan of care, in accordance with that Act.

Grandparents Brag Corner

Murray and Cindy Littler stopped by with their handsome grandson **Mason** (Age 1). **Mason's Mom, Christina Zappacosta** also works at Belvedere. "Hi Mom!"



Cecil Mintz is proud of his latest craft; a matchstick automobile. He says this may be his last matchstick project. "In 1886, Karl Benz presented the first car powered by a gasoline engine. It had a single-cylinder, horizontally mounted internal combustion engine with a vertical camshaft. The engine produced ¾ horsepower (550W) and could go up to 16 km/h (10 mph)." Make sure you check it out in our display case at the front.



In Memorium
Deepest Sympathy is extended to the families of:
John McNicoll Don Christie

Attention Residents & Family Members:



3M Plastics Hooks have been placed on the back of resident entry doors for lift equipment and cannot be used to hang resident belongings or visitor's items on. Coat Racks at the front entrance are provided for visitor's coats. Your cooperation on this matter is sincerely appreciated.

Please note: Resident Cable TV Rates will be increased by \$1.00 per month effective July 1/12.

Pet Corner

Gilda Hindle enjoyed a visit with her granddaughters **Kathy Hamer** (back left) and **Gail Hindle** (right) along with 3 year old **Keesha**. She is a beautiful golden retriever!



A **Donation of \$50,000.00** towards the **Veteran's Memorial Park** was announced by Minister Tony Clement on May 24th at Belvedere.



(L-R) **Ernie Watthey, Gerry Huffman, Murray Fraser, Joyce Fosberry, Ken Fosberry and John Macfie** from the **Royal Canadian Legion Branch 117** attended the Funding Announcement Ceremony.

(L-R) **Dot Elliott, Veterans Les Elliott, Gerald Wager and Bill Griffiths.**



Veteran Stanley Olds was joined by his son **Larry**.

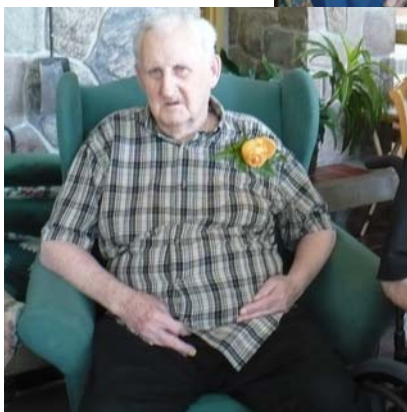


Councillor Bill Church from the Municipality of Whitestone stops to visit with Veteran **George Butler**.



(L-R) **Councillor Bill Church** from Whitestone, **Councillor Mike Konoval** from Carling, **Councillor Bruce Gibbon** of Seguin, and **Mayor Dale Robinson** of McDougall Township took the time to celebrate with us!

Stan Clelland attended the Funding Announcement with his son **Don**.



Veteran **Earl Norrie** wore his orange rose boutonniere proudly.



Dr. John Cochrane, Belvedere's Board Chair (on left) chats with **Minister Tony Clement**.



Tried & Tested Recipe

Sweet & Sour Sparerib or Meatball Sauce Favourite of Arlene Poytress



Mix together and boil briefly:

- 1/2 cup vinegar mixture (3/8 vinegar and 1/8 water)
- 1/2 cup white sugar
- 1/2 cup molasses or sherry
- 1 tbs soya sauce
- 1 tsp garlic

Mix together and add:

- 3 tbs cornstarch mixed with 2 tbs cold water
- Cook until transparent and pour over ribs (or meatballs) in a casserole dish. Cook slowly (around 325 degrees) in oven for a couple hours until meat is cooked/tender.

Saturday, June 30

7 am – 12 noon

22 Cascade Street

*Proceeds to Belvedere Heights
from the Friends of Belvedere.*



Inspirational Thought



Rule 120 For a Better Way to Live

*Two passions beat within our chests,
The one is foul, the other blessed.
The one we love the other we hate;
The one we feed will dominate!*

Welcome to New Residents:

*Stan Clelland Allan Hobourn
George Waldrum Garfield Lavelley*

Earl Donnelly, on behalf of the Resident Council, welcomes new residents with a handshake and a lovely lap cover from Barb Sichewski:



Marg McNicoll



Allan Hobourn



Donald Christie

Stan Clelland



Health & Safety Tips by Tessa Gardner

Reporting risks and hazards is just as important as working safely. **Report risks and hazards before they become incidents.** If you are not sure how to report a risk, ask your Manager.

Ever Wonder ...?



Why we can't find our car keys in our purse, but can find and push the snooze button from 3 feet away with eyes closed?
Why Map Quest doesn't start at # 5 when you've left your well-known neighbourhood behind?
Why the worst decisions make the best stories?

Staff News

New Staff: Welcome to Sarah Moore and Ashley Beaudry, Nursing Dept., and to Shelley James, Dietary Dept.

Congratulations to Magen Lebert and Tracy Kennedy who successfully completed the Food Service Worker Certificate Program.

Deepest Sympathy to Carin Mullen on the loss of her Grandpa McNicoll.

Apology to Betty Fisher – it was the other Betty Fisher who lost her Mom.

Many thanks to Lauren White and Melissa Mullen for the very successful Yard Sale on Shelley's behalf.

What an awesome staff we have!



90 Years Young!

Johney Griffiths celebrated her **90th Birthday** with family and friends on June 14th.

Gary Crossman entertained on the guitar and a great time was had by all!



Guardian Angels

Thelma Hickey & Melissa Mullen who tied for Guardian Angel this month! Presentation Photos will be in the next Newsletter.



Staff Monthly Attendance Draws:

MAY 2012 WINNERS

Nursing Staff: Andrew Burns

Support Staff: Melissa Mullen

Winning tickets were drawn by Pat Adams and Arlene Poytress, Tuck Shop Volunteers.



Marian Beauregard (on left) very generously donated this beautiful quilt she made for a **Shelley Stoneman Fundraiser**. Stop by the Fireside Café for a chance to win this lovely creation! **Pauline Hind** (on right) helps display the quilt.



The **Shelley Stoneman Bake Sale** was a huge success – hosted by Marlene Fraser (left) and Carin Mullen (right). Thanks to everyone for their tremendous support!

Poetry Section

Team Belvedere by Mary Brear 2012

Parry Sound's Facility of Choice is Belvedere
To the Long Term Care Act we must adhere
The Board oversees each important decision
Managers impart professional supervision



Our CEO works 24-7, delegating with ease
Administration balance books and pay employees
Nursing Staff chart, dispense; offer T.L.C.
Healthy, happy residents their priority



Programs with exciting events promote stimulation
Activation and therapy improve physical condition
Dietary monitor temps on tantalizing food
Aromas wafting from the kitchen are always good



Housekeeping lend an ear as they keep the Home clean
Residents love to share with this cheerful team
Laundry work miracles with a bottomless mound
Keeping clean linens and clothes circulating around



Maintenance capably encompass basement to rafter
With plumbing, heating, air and wiring to look after
CSS deliver Residents downtown in their Van
Shopping and appointments they carefully plan



We have Policies and Procedures for every situation
Infection Control Books, Planned Accreditation
There are RAP Meetings, Annual Staff Training too
Health & Safety Tips; Fire Drills "walk" us through



Departments are unique in their own special way
Blended service enhance each Resident's day
The amazing results of jobs well done
Are widely apparent throughout the Home



Residents brighten our day and are an inspiration
Striving to serve them well, gives us satisfaction
We thank God for precious days, evening and nights
And the privilege to share Happenings at the Heights