

# Belvedere Heights News & Views June 2012



## CSS HAVE A BRAND NEW VAN!



CSS Staff **Delores Armieri**, Co-ordinator **Linda Taylor**, and Volunteer Drivers **Harold Gardner** and **Brian Tennant** inspect their shiny red van.

or her room subject to safety requirements and the rights of other Residents.

## Pet Corner

Visiting Volunteer **Karin Anastasiou**

stopped by with her 4 month old

puppy **Raya** to have her picture taken. This feisty Yorkie only weighs 3½ pounds. Talk about rays of sunshine – they make everyone smile!



A Bake Sale for **Shelley Stoneman** will be held on Wednesday, May 30, 2012 from 10:30 am – 3:30 pm at the Fireside Café. Please contact **Carin Mullen** or **Marlene Fraser** regarding donations. All donations welcome!

## Staff Monthly Attendance Draws:

APRIL 2012 WINNERS

Nursing Staff: **Liz Newbigging**

Support Staff: **Nancy Carpenter**

Winning tickets were drawn by **Dean Kingshott** and **Theresa Barker**, Tuck Shop Volunteers.

Our New **Coffee Machine** is located across from the Community Room on the Main Floor beside the vending machine room for your convenience when the Fireside Caf  is closed.



## **MS Walk Thank You to Residents**

On behalf of “Smitty’s Strollers”, we would like to thank our Residents for their contribution to the MS Walk. (L-R) **Roger**, **Wendy**, **Heather**, **Chris** and **Phoenix**



## In Memorium

*Deepest Sympathy is extended to the families of:*

*Doug Pearson    Audrey Gingerich  
Joe Wood        Clarence Ferguson*

## Inspirational Thought



**Rule 119 .... For a Better Way to Live**  
*Always remember the Will of God will never take you where the Grace of God will not protect you!*

**Residents' Bill of Rights – Revised May 2010**  
10. Every Resident has the right to keep and display personal possessions, pictures and furnishings in his



**Victor Carpenter's Celebration of Life Ceremony** will be held at 1 pm on June 9<sup>th</sup> at Sail Parry Sound.

### FEATURE PROFILE

#### **Viktoria (Stella) Hardwick**

Stella moved to the Heights on February 28<sup>th</sup> this year and currently resides upstairs on Oakridge.

She was born on April 17<sup>th</sup>, 1923 in the small village of Borgafjohtus, Iceland. Viktoria (Stella) was named after Queen Victoria and was the fourth child in a family of five. Stella had two brothers and two sisters. She remembers going sailing on her Dad's boat when she was young and rowing across the fjord. Her Dad was the Captain of the Boats and made his living catching cod and sea fish. He often sailed to England to sell his catch from the Norwegian Sea. The family moved to Eskifjord on the eastern coast of Iceland when

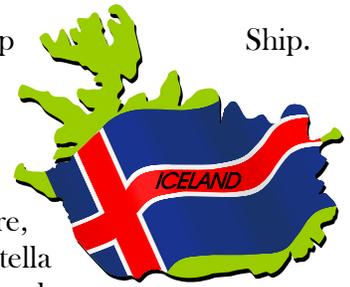


Stella was just a baby. Stella and her siblings walked 4 miles each way to school. They had split classes so were only at school for 4 hours, but she spent much of her spare time reading and learning her lessons at home for the next class. Stella's Mom took in sewing for others and looked after her family. The meals often consisted of fish, (boiled or fried with onions), potatoes and bread, and sometimes meatballs. According to Stella, the winters were very cold. Sometimes they had to go in the rowing boat part way to get to school if there was too much snow to wade. They had to wait for the tide to go out before they could walk to the village.

Stella finished school when she was 12 years old and went to work in Reykjavik as a helpmate for a family with two children. She stayed there for 3 years until the war broke out. Stella moved back home and found employment cooking in a Café where she served the soldiers who were defending Iceland. She was very busy. William Hardwick was one of the soldiers and he took an instant shine to Stella. They soon were courting, dancing the night away and fell in love. They were married in Iceland in 1942 when Stella was 19. This war bride travelled to Great Britain with



her husband on a Troop Ship. The ship docked in Greenwich, Scotland and then they travelled by train to Bill's hometown of Wakefield in Yorkshire, England. At this time Stella



only spoke Icelandic. A few days after her arrival her husband was off to fight the war; leaving Stella to get to know her mother-in-law and sister-in-laws. They made her feel very welcome and helped her learn to speak English fluently. She loved horses and enjoyed watching John Wayne movies. Stella lived with her in-laws for a few months and then thanks to the fine skills her Mother taught her, got a job at a Sewing Place. She rented a little house and kept it until Bill returned from the war in 1945. The Council (Government) built houses for the soldiers and their families, so they moved into one of these new homes. Bill worked for a coal company delivering coal to the villagers.

Stella and Bill had four children: Sylvia in 1944, Billie in 1946, John in 1953 and Eamonn in 1955. This working Mom sewed from 9 am - 4 pm until the children came home from school at Wakefield. They lived just outside of Wakefield at Crofton.

The Hardwicks lived in England for 46 years. Their son John had moved to Canada in 1977. Bill and Stella decided to follow John in 1988 and moved in with John and Margaret and their family near Dunchurch. Sadly, their son John passed away 11 years ago and Stella's husband Bill died 8 years ago. This cheerful little lady started out her marriage living with her mother-in-law and ended it living with her daughter-in-law (who also works

here). Stella loves her grandchildren and great-grandchildren in England, but cherishes spending quality time with her three grandchildren Steven, Barbara and Sharon in Ontario, as well as Barbara's daughter Sitara. Stella enjoys knitting and sewing. She has knitted numerous baby outfits, and sold them at the Dunchurch Fall Fairs. She has won prizes at the fair for her beautiful handiwork. In her room on Oakridge, Stella is still active, putting together jig saw puzzles and making friends at the

Heights. Stella is shown in the picture with tiny her Icelandic doll and a picture of her childhood home by the sea in the background. Welcome to Belvedere, Stella! We hope you enjoy life here and look forward to seeing you every day and getting to know you better!



**Poetry Section**

**Home Sweet Home**

Found in "Poems from a Little Town" by the late William Cargill (with permission from Judy Cargill))

There's something about an old farm house  
That makes me as happy as a cheese-filled mouse;  
Big as a barn and made out of wood,  
On a lot by the river,  
for a century it stood.



An old rail fence and a sagging gate,  
That always squeaked when you came home late.  
A cobbled path to a paint-peeled door,  
The polished slats of the hardwood floor.



The kitchen is warm and the cooking smells,  
Grandma's dress figured in big bluebells,  
The cupboard is full, but the doors don't fit,  
They have sagged with age, and no one cares a bit.



The wood stove moans and the stovepipes snap,  
The hound dog yawns and enjoys his nap.

The tomcat stretches with poise and grace  
And struts around like he own the place.



When darkness comes we light the lamps,  
Wind the clock, take a pipe to gramps,  
A thread bare couch, the old stuffed chair,  
A hand-hooked rug, designed with care.



The china hutch has a broken glass,  
A photo of Mom when she was a lass,  
A Bible, a pen, and Grandma's specs,  
Letters and bills and some cancelled cheques.

There's a trophy head from a big buck deer,  
And the gun that shot it hanging near.  
An old glass mirror of glass and chrome  
And a picture saying "Home Sweet Home".



Dad reads a book in the yellow light,  
A cowboy saga of a hero in white;  
He'll read me some till I nod my head,  
Then he'll gently chase me off to bed.



I climbed the stairs to an attic nook

And said my prayers while the rafters shook.  
Nine years old, it's a dream you see.  
When I wake up tomorrow, I'll be thirty-three.



**Spring Fling 2012**

Teri Salt assists Lorraine Walton guess the number of candles in the jars.



Marlene Bissonette and George Butler painted a lady bug on a stone.



Mildred Tait and Johney Griffiths decorated a cookie.



Wayne Carlisle was an avid golfer and we could tell by his "Hole in One" shots!

Muriel Stewart demonstrated the ring toss for us!

Hodge won the 50/50 draw again on *one* ticket! George Butler won the Gum Drops, Kay Chapman the Licorice All-Sorts, and Marg McNicoll the Gummy Worms. Congratulations to our winners!



*Welcome to New Residents:*  
*Donald Christie Marg McNicoll*

## Health & Safety Tips – by Tessa Gardner



May – August is New and Young Worker Blitz months by the Ministry of Labour. Everyone has a responsibility to make sure new young workers work safe. They are four times more likely to be injured during their first month of employment than at any other time. Remember, a single injury can plague you for a lifetime.

Ever Wonder ...?



Why "Overlook" and "Oversee" mean the opposite things?  
 Why is it called "after dark" when it really is "after light"?  
 Why do we say a TV Set when there is only one of them?

## Quilter's Corner



**Tait** stands in the centre with **Verna Parr** on the right displaying her beautiful quilt which she donated!

Some of the **Quilter's Corner** participants proudly show off their first quilt held by **Lena Williams** on the left. Instructor **Mildred**



## Volunteers Urgently Needed:

for Art in the Park Security  
 July 19-21/11.  
 Please contact Elaine Melse at  
 705 746-4545 if you can help  
 raise money for Belvedere!

## Grandparent's Brag Corner

**Les Elliott's** grandchildren and great grandchildren enjoyed a concert at Cedarpark with Grandma Dot Elliott playing her usual amazing tunes on the Piano.



(L-R) Grandson **Rod Elliott, Les**, Great Grand-children **Brayden McDonald, Nathan & Leah Elliott** gathered around Grandma **Dot** on the piano stool. The picture was taken by Jan

Fisher.

## Guardian Angel Connie Sands-Harris

**Bob Griffiths** on behalf of Family Council presented **Connie** with this month's Guardian Angel Pin. Congratulations, Connie!

## Tried & Tested Recipe Maple Muffins

2 cups flour  
 $\frac{1}{2}$  cup brown sugar  
 2 tsp baking powder  
 $\frac{1}{2}$  tsp ground cinnamon  
 $\frac{1}{2}$  tsp salt  
 $\frac{3}{4}$  cup milk  
 $\frac{1}{2}$  cup butter, melted  
 $\frac{1}{2}$  cup maple syrup  
 $\frac{1}{4}$  cup sour cream  
 1 egg  
 $\frac{1}{2}$  tsp vanilla extract



### Topping:

3 tlbs flour; 3 tlbs sugar; 2 tlbs chopped nuts  $\frac{1}{2}$  tsp ground cinnamon; 2 tlbs butter  
 Combine flour, brown sugar, baking powder, cinnamon and salt in a large bowl. In another bowl combine milk, butter, syrup, sour cream, egg and vanilla. Stir in dry ingredients just until moistened. Fill muffin cups  $\frac{2}{3}$  full. Combine topping mixture and work until crumbly. Sprinkle over batter. Bake at 400 degrees for 16 minutes or until tooth inserted near centre comes out clean. Cool 5 min.

## Please note:

The Resident Cable TV Rates will be increased by \$1.00 per month effective July 1, 2012.



**New Staff:** Welcome to Kathy Brown, Lisa Creasor, Shauna Cumming, Mary-Anne Earley, Ashley Evans, Michelle Kakegamic, Rebecca McEwen, Toululope Nelly, Julie Veronneau, Christina Zappacosta, *Nursing Dept*; Sarah Emerson, Cheryl Haskim, Amanda Lycett, *Dietary Department*.

Our Deepest Sympathy to Vera Thornborrow on the loss of her mother-in-law; and to Sarah Cooke on the death of her grandmother.

We are praying for Shelley Stoneman's recovery.

**NOTICE TO FAMILY MEMBERS:**

Please bring in Resident's

**2011 Notice of Assessment**

To Administration office as soon as possible

**if applying for a Reduced Basic Accommodation Rate.**