

Belvedere Heights View from the Hill - October, 2016



Thanksgiving is Monday, October 10, 2016!



Residents' Bill of Rights - #11

Every Resident has the right to:

- i. participate fully in the development, implementation, review and revision of his or her plan of care,
- ii. give or refuse consent to any treatment, care or services for which his or her consent is required by law and to be informed of the consequences of giving or refusing consent,
- iii. participate fully in making any decision concerning any aspect of his or her care, including any decision concerning his or her admission, discharge or transfer to or from a long-term care home or a secure unit and to obtain an independent opinion with regards to any of those matters, and
- iv. have his or her personal health information within the meaning of the Personal Health Information Protect Act, 2004 kept confidential in accordance with that Act, and to have access to his or her records of personal health information, including his or her plan of care, in accordance with that Act.

Belvedere Heights welcomes our new Residents!



Earl Donnelly presents Allan Milne with his "welcome afghan". Welcome Allan!

Deepest Sympathy is extended to the family and friends of:

*Gilda Hindle
James Carruthers*



Residents' Activities

On Sept. 20 the residents enjoyed "tickle your tastebuds"! Jennifer read some

fun facts about crunchy foods. Heather explained that the crunch of the food is just as important as the taste. Some residents agreed that salt and vinegar chips are the best!



Parkinson's Superwalk and Bake Sale on Sept. 21



Employees and residents alike took part in the Walk for Parkinson's held on Sept. 21 which raised \$900.00!





The residents came together on Sept. 16 for Happy Hour and Trivia.

Teri led them in the trivia fun while residents enjoyed their favourite treats.

Jack Markham playing shuffleboard.



John Bennet is ready for the annual camping trip!

**SILVERT'S Adaptive Clothing & Footwear
Mobile Store will be at Belvedere Heights
October 27, 2016 from 10:00 a.m. to 3:00 p.m.
To request items for family members please contact
Brittany McCandless, Program Manager at
705-774-7320**

A reminder from the Health and Safety Committee:

OCTOBER IS FIRE SAFETY MONTH!

We all know our duties at work when the fire alarm rings because we practice, practice, practice.

But what about at home? How many of us practice or even think about it?

Do you have a plan at home? Do you have escape routes? Does everyone at home know them?

Do you have a safe meeting place outside the home if you have to escape?

And...make sure your smoke detectors are working!

Change the batteries regularly. Test the smoke detectors and replace them every ten years.

KEEP YOUR FAMILY SAFE!

Angel Award for the month of September went to:

Maryam Khateri, Volunteer!



Maryam is shown here receiving her Angel pin from Volunteer, Yvonne Harvey and Programs Manager Brittany McCandless. Congratulations Maryam!



**Happy Hallowe'en!
October 31, 2016**