



Mother's Day is Sunday, May 8th!



Belvedere Heights View from the Hill - May, 2016

Residents' Bill of Rights - #6

Every Resident has the right to exercise the rights of a citizen.

Belvedere Heights extends a warm welcome to our new Residents:



Eric Lawson receives his "welcome afghan" from Earl Donnelly.



Lynn Whitely presents Rose Major with her "welcome afghan".

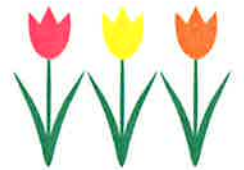


Joan Smith presents Jean Vowels with her "welcome afghan".



Deepest Sympathies are extended to family and friends of:

- Stella Hardwick*
- Marian Stoneman*
- Clem Beninger*
- Siegfried Haupt*



Guardian Angel for the month of April was:

Sally Labath, Occupational Therapist. Congratulations Sally!

Health and Safety Reminder

April Showers Bring May Flowers... and Weather mayhem.

Pick up a copy of May's Safety Talk on how to be prepared for spring storms especially those involving tornadoes. We do not live in tornado alley, but Ontario does experience a few each year.



Goodbye



Front and centre is Pauline Hind, Volunteer Co-ordinator. Pauline is pictured here with Family Council. Pauline will be retiring from Belvedere Heights at the end of April after 10 years with us! Congratulations and enjoy your retirement!

Two of our favourite volunteers, Al and Phyllis have retired and moved away. We will miss them as we all have fond memories of them both. Congratulations and best of luck!

Mark these dates on your calendar:

May 4, 2016 - 10:00 a.m. to 3:00 p.m.

LOST AND FOUND in the COMMUNITY ROOM

June 18, 2016 - 8:00 a.m. - 11:00 a.m.

FUNDRAISING YARD SALE FOR RESIDENT CAMP TRIP 2016 in the AUDITORIUM

Residents' Activities



Cathie Crossman from Selkirk played the part of the Easter Bunny and delivered goodies for the residents! Thank you to all the employees at Selkirk!

Children from **New Horizon Montessori Early Learning Centre** visited to sing songs for the residents and tell stories. They left handmade flowers and delightful pictures of Spring!



*Of all the special joys in life,
The big ones and the small
A mother's love and tenderness
Is the greatest of them all.*



The Origins of Mother's Day

The earliest Mother's Day celebrations can be traced back to the spring celebrations of ancient Greece in honor of Rhea, the mother of the gods. People would make offerings of honey-cakes, fine drinks, and flowers at dawn.

During the 1600s, England celebrated "Mothering Sunday" on the fourth Sunday of Lent as a way to honor the mothers of England. Many of England's poor lived and worked as servants for the wealthy, far away from their homes and families. On Mothering Sunday, servants were given the day off to return home and spend the day with their mothers. A special cake, called the "mothering cake," was often baked to add to the festivities.

The story of modern Mother's Day begins in the peace movement and as a day recognizing women's social action. In the United States, Julie Ward Howe, a Boston writer, first suggested a Mothers' Day in 1872. She saw it as a day dedicated to peace. Although her version of Mothers' Day never really caught on, Howe went on to head the American branch of the Woman's International Peace Association, which observed a day dedicated to peace.

The official observance of Mother's Day in its present form is credited to Anna Jarvis of Philadelphia, PA. She wanted to honor the memory of her mother, Mrs. Ann Marie Reeves Jarvis. It began in 1907 when Anna had a small gathering of friends in her home to commemorate her mother's life. She announced the idea of a national day to honor mothers. In 1908, Anna persuaded her mother's church to celebrate Mother's Day on the anniversary of her mother's death, the second Sunday of May. It was to be a day to honor all mothers, and also a day to remember the work of peacemaking, reconciliation and social action against poverty started by her mother. In 1914, President Woodrow Wilson made it official: Mother's Day would be a national holiday held each year on the second Sunday of May. At the heart of the traditions around Mother's Day are themes of honoring mothers, compassion, peace, reconciliation, and social action. Today, Mother's Day is celebrated in over fifty countries.



*While we honor all our mothers
With words of love and praise,
While we tell about their goodness
And their kind and loving ways.
We should also think of Grandma
She's a mother too, you see...
For she mothered my dear mother
As my mother mothers me.*