



Belvedere Heights View from the Hill – April 2016

Residents' Bill of Rights - #5: Every resident has the right to live in a safe and clean environment.

Belvedere Heights extends a warm welcome
to our new Resident:



Resident Lynn Whitely (L) and Donelda McConnell (R)
Present our new Resident, Irene Ruggles, with a
“Welcome afghan” made by Barb Sichewski.

*In
Loving
Memory*

Deepest Sympathies are extended to the families of:

*Margaret Tulloch
Michael Cronin
Gerald Hodgkins
Joan Genco*

To Say Thank You

“To the Board of Management, Staff of Belvedere Heights, Renata, Val and anyone that has had to work with mom, on behalf of the Tulloch family, I send my deepest gratitude and warm heartfelt thank you for looking after our Mother and making her life more liveable. You have enriched our lives and given us faith in humanity. Thank you from our hearts, Heather Hody.”

NOTICE TO FAMILY MEMBERS

Please bring in Resident's 2015 Notice of Assessment
To the Administration Office as soon as possible
If applying for a
Reduced Basic Accommodation Rate

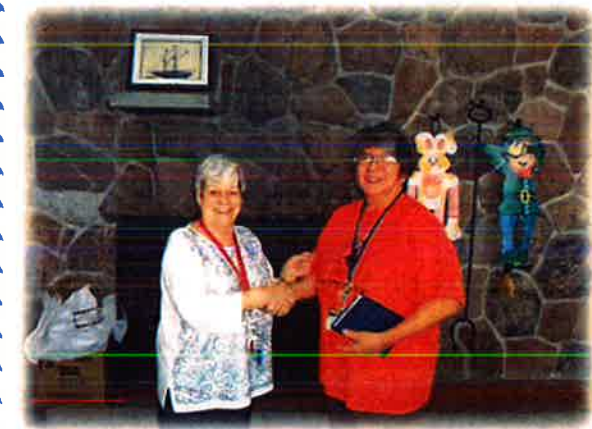


Thank You!

Donna Dellio accepts a cheque from the Royal Canadian Legion Branch 117. The cheque for \$8,580.00 which will be used to purchase new mattresses for our residents!

Guardian Angel for the month of March was:

Resident Verna Tabobandung receiving her Angel Pin from Volunteer Yvonne Harvey



Lynda McGowan, Chairperson of Family Council shown with Vi Whittaker.



Donna Dellio presented Teri Salt with a beautiful bouquet of white roses in recognition of her *40 years of service to Belvedere Heights!* *Congratulations Teri!*

FAMILY COUNCIL

Vi Whittaker is retiring from Family Council. She has been involved since the start of our council in 2004 representing family and friends living in the home.

Family Council is seeking family members to join and be a part of the mission statement: "Improve the quality of life and quality of care for all residents by promoting an atmosphere of sensitive caring and support among staff, friends and family members of Belvedere Heights".

Residents' Activities

March 10/16-Baking



The aroma of freshly baked peanut butter cookies drifted into the hallways of the Main Floor of Belvedere Heights on March 10, 2016. Residents Peter Novak, Jacqueline Burford, Edith DeMartin and Betty Fitchett enjoyed the fruits of their labour, seen here with Teri, Activities Assistant.

March 14/16 – Card Bingo



Betty Jo calls out the cards.



Residents Verna and Lynn enjoying the game

"FUN" FUNDRAISING ACTIVITIES!



Our Silent Auction includes a beautiful photograph by our own Richard Holloway. Bidding ends on April 6, 2016 at 12 noon!



Buy a leaf or a flower to help raise money for our Resident Camping Trip in September!

Health and Safety Word Search

H	A	N	D	S	F	S	S	N	R	U	B	L	A	S	T
B	L	O	O	D	D	I	O	U	V	I	R	U	S	M	L
S	S	I	R	I	A	I	R	Y	P	L	A	N	E	A	E
T	H	S	A	C	T	S	R	E	T	S	A	W	I	S	G
R	O	E	Y	A	I	C	U	T	S	S	H	O	C	K	I
O	E	X	I	T	P	S	E	Y	E	S	E	A	C	G	S
P	S	D	I	O	P	A	R	T	R	I	P	H	O	L	L
E	A	S	I	C	K	R	N	A	O	E	A	A	R	O	A
R	I	S	K	S	E	E	A	L	E	R	T	R	R	V	T
F	O	A	E	G	D	T	C	A	R	E	P	M	O	E	I
N	E	M	N	I	T	S	U	R	L	L	I	P	S	S	O
L	U	A	C	O	N	T	A	M	I	N	A	T	I	O	N
F	D	C	S	T	E	R	U	S	O	P	X	E	V	I	S
H	A	Z	A	R	D	S	E	P	P	U	N	A	E	L	C
O	M	F	F	T	R	A	I	N	I	N	G	A	S	O	P
T	P	R	E	X	P	L	O	D	E	A	F	L	A	M	E

Can you find these hidden words? They may be horizontal, vertical or diagonal, forwards or backwards!

Word Bank

Accident	Contamination	Flame	Noise	Shock	Waste
Acids	Corrosives	Fumes	Oil	Shoe	
Acts	Cuts	Gas	Plan	Sick	
Air	Damp	Gloves	PPE	Skin	
Airy	Danger	Hands	Poison	Sop	
Alarm	Dirt	Harm	Protection	Spill	
Alert	Escape	Hazards	Radiation	Toxic	
Blast	Exit	Hepa	Reports	Training	
Blood	Explode	Hot	Risks	Trap	
Burns	Exposure	Leak	Rust	Trip	
Care	Eyes	Legislations	Safe	UV	
Cleanup	Fire	Mask	SDS	Virus	

Health and Safety Reminder

Disposing of your old prescriptions and unused expired over-the-counter medicines in a proper manner, will stop the contamination of our land, water and air. See the Health & Safety board downstairs for the proper way to dispose of these items. There may be a convenient disposal bag close by as well you could pick up. Hazardous medications are not just in long term care facilities or hospitals.