



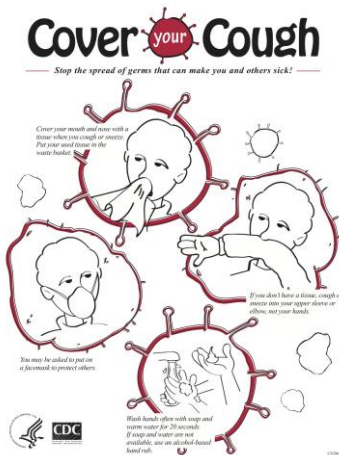
Belvedere Heights
Community Support Services Residences Long Term Care

Respiratory Hygiene / Cough Etiquette

The concepts of respiratory hygiene and cough etiquette involve using source control measures to prevent patients with respiratory infections from transmitting their infection to others.

To prevent the transmission of all respiratory infections in healthcare settings, including seasonal influenza, the CDC recommends implementing the following infection control measures:

Cover Your Cough



Cover your mouth and nose with a tissue when you cough or sneeze and put your used tissue in the garbage

If you do not have a tissue, cough into your upper sleeve or elbow but NOT into your hands

Complete hand hygiene using soap and water or alcohol based hand rub

Mask use remains mandatory while in the facility to protect others around you.

Personal Protective Equipment (PPE)

Personal Protective Equipment may be required for the safety of all if a person is exhibiting respiratory symptoms.

Required if a resident is on precautions/isolation

Please delay your visit if you are feeling unwell

