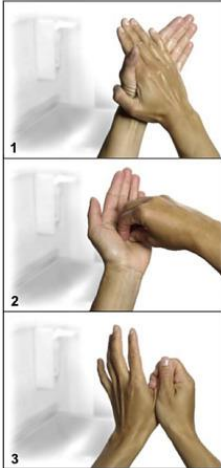




Belvedere Heights
Community Support Services Residences Long Term Care

Putting On Personal Protective Equipment (PPE)

Step 1: Perform Hand Hygiene



1. Cover all surfaces of the hands

2. Rotational rubbing of fingertips in the palm of the alternate hand

3. Rotational rubbing of both thumbs

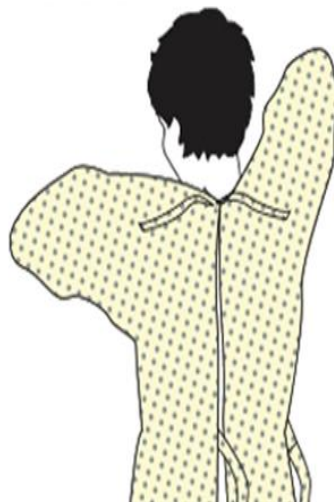
Hand Hygiene is the first important step to preventing the spread of infection. Even though you will be wearing gloves hand hygiene must be performed. Alcohol based hand rub is available outside every resident room and is the product of choice for hand hygiene when hands are not visibly soiled.

Step 2: Putting on Isolation Gown

STEP 1



STEP 2



Ensure the gown covers your arms to your wrists and covers the back with gown tied at the neck and the waist.

Isolation gowns are used for all residents on Contact or Droplet/Contact Precautions

Step 3: Putting on the Mask



During times of COVID this step will have already been in place. Remember to perform hand hygiene if you touch your mask. **Procedure masks must be worn when in the facility at all times.** We encourage family members to eat and drink before arriving at the facility or upon leaving to decrease period of time where mask will have to be removed.

Step 4: Putting on Eye Protection



Eye protection is available and must be worn **when visiting residents on Droplet/Contact Precautions.** If you wear prescription glasses then eye protection is placed on top of your prescription glasses.

Step 5: Putting on Gloves



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Gloves are available in the facility and are available in a variety of sizes. **Gloves must be worn when visiting residents on Contact Precautions and Droplet/Contact Precautions**

It is very important to follow the steps indicated here when putting on PPE. Together we can stop the spread of infections!