

Belvedere Heights News & Views May 2015



Grandparent's Brag Corner

Fireside Café
"Volunteers in Training" **Ashley & Megan Smith** help **Roger & Heather** out during the March Break. They don't come any cuter than that!



Basket. Her name was drawn by **Ed Morden** with his wife **Marg** sitting in as a witness. Congratulations, Audrey!

NUTRITION MONTH

Lisa Nichols, our new **Dietary Manager** stands beside her display of Nutrition Month. Pamphlets to encourage Making Healthy Food Choices While at Work "**Eating 9-5**" were available to staff.



"Thank you" to all our Volunteers!

V - valued for every hour you share
O - open to giving your generous care
L - lending a hand as well as your heart
U - ultra-dedicated in doing your part
N - noted for going above and beyond
T - taking the time to smile and to bond
E - extraordinary in how you brighten days
E - eager to help in so many ways
R - reliable in all that we request of you
S - someone who's loyal, dedicated and true!



Staff Monthly Attendance Draws:

2015 WINNERS

Nursing Staff: Tanya Greenhalgh

Support Staff: Mary Brear 😊

Winning tickets were drawn by Pat Adams, Tuck Shop Volunteer.

In Memorium

Deepest Sympathy is extended to the families of:

*Katie Brear Wilfred Brownley
Eleanor Farranto*

Residents' Bill of Rights – Revised May 2010

18. Every resident has the right to form friendships and relationships and to participate in the life of the long-term care home.

E a s t e r B a s k e t Winner

Audrey Jeffery won the Easter



Vegetable Noodle Casserole Marie Houser

1 can cream of chicken soup

1 can cream of

broccoli soup

1½ cups 2% milk

1 cup grated

Parmesan Cheese

(Divided ¾ cup / ¼ cup)

3 cloves garlic minced

(or 1 tsp dried minced garlic)

2 lbs parsley flakes; ¼ tsp pepper; ¼ tsp salt.

1 pkg (16 oz) wide egg noodles,
cooked and drained

1 pkg (16 oz) frozen California Blend
Vegetables (thawed)

2 cups frozen kernel corn (thawed)



Preheat oven at 350 degrees F. Combine soups, milk, ¾ cup of the cheese, garlic, parsley, pepper & salt. Stir in noodles, and vegetables (including corn). Pour into greased 9 x 13 baking dish – sprinkle with remaining cheese. Cover and bake 45 minutes until heated through. Delicious and easy!

Welcome to New Residents:
Norma Taylor; (Joseph D.) “J” Wood
(Elizabeth) “Betty” Fitchett



Joan Smith (left) presented a “Welcome” lap cover to Norma Taylor, made with TLC by our friend Barb Sichewski.



Betty Fitchett loved her green, white and yellow lap cover.



“J”. Wood received his Welcome Afghan from Belvedere’s Guardian Angel of the month Allan Hobourn on the left.

Don’t miss our Golf Tournament May 31st

Staff Appreciation Day

Marie Pavuk (left) receives a delicious meal of ham, scalloped potatoes and vegetables along with a cupcake and soft drink



from Dietary Manager, **Lisa Nichols** on behalf of Management to thank the staff for jobs well done.

Congratulations to our **Snowmelt Contest 2015 Winner**

Madlene Thompson from the Residence of Belview by the Bay . **April 13** was her lucky day! Madlene generously donated her share to the Residents!



NOTICE TO FAMILY MEMBERS:
 Please bring in Resident’s **2014 Notice of Assessment** to Administration office as soon as possible *if applying for a **Reduced Basic Accommodation Rate.***

Connie Craddock Celebrates her 90th!



Connie enjoyed her 90th Birthday Party with FOUR generations from her family to help her celebrate!

Poetry Section *Those We Love*

... (from Yvonne Harvey)

Those we love don't go away;
 They walk beside us every day
 Unseen, unheard, but always near
 Still loved, still missed and very dear



Feel no guilt in laughter; they know how much you care
 Feel no sorrow in a smile that they're not here to share
 You cannot grieve forever; they would not want you to
 They'd hope that you can carry on the way you always do

Recollections will last forever
 And the ways you show you cared
 Of the days you spent together
 And all the happiness you shared



Let memories surround you; a word someone may say
 Will suddenly recapture a time, an hour, a day
 That brings them back as clearly as though they were still here
 And fills you with the feelings that they are always near
 For if you keep the moments, you will never be apart
 And they will live forever, locked safe within your heart.

Feature Profile Joe Shalla



Joseph Shalla was born on March 2nd, 1928 at Whitney, Ontario. He was the second child in a family of twelve. He began his career at the tender age of 16 with the Department of Lands and Forest from 1947-1954 at Kapuskasing, as a Scaler and also worked in Algonquin Park as a Game Control and Fire Protection Officer. In 1951 he was the "Outstanding right wing" for Hearst Lumber Kings, NOHA Intermediate "B" Champions. In 1955 Joe was a Shock Force Foreman; in 1956 a Senior Fire Deputy in Timmins; in 1958 Acting Chief Forest Ranger also in Timmins. From 1959 – 1961 he was the Assistant and Acting Forest Protection Supervisor and from 1963-1973 Chief Ranger in Parry Sound. From 1973 to his retirement in 1986 he was the Parks Supervisor for the MNR.



In Joe's Certificate of Excellence from the MNR on his retirement, the following comments were recorded: "...a good type of young man and does work at many jobs" – Thomas McCormick, Chief Ranger, 1948; "...you will find Shalla a man not only capable of handling men and assuming responsibility, but his is the personality to meet the public as well." D.N. Ormand, District Forester, 1955; "...he is capable of taking over a small or large fire, has good organizing ability and is a conscientious worker." W. Kitt, Chief Ranger, 1955; "...Joe Shalla has demonstrated excellence as a leader, coordinator, social organizer and communicator both within the MNR and the communities in which he has worked!" MNR Staff, May 30, 1986.



One of the highlights of Joe's life was finding the plane that crashed north of Cochrane in 1951. The famous "Bashin' Bill" Barilko of the Toronto Maple Leafs had been on that plane when it crashed. When Joe heard a helicopter pilot mention spotting what looked like an aircraft wreck in dense bush 70 to 100 kilometers north of Cochrane, he immediately thought of Bill Barilko who had disappeared 11 years previously. Joe was among members of the Department of Lands & Forest and OPP Search party that went to the muskeg-dense wreckage site on June 6, 1962. Joe spotted the compass, still intact 11 years after the crash. The OPP gave permission for Joe, an

avid hockey fan, to keep the compass. In Barilko's five-year NHL career from 1946 he had won four Stanley Cups and scored the most significant Stanley Cup winning goal for the Leafs. In game five of the 1950-51 Stanley Cup finals against the Montreal Canadians on April 21, Barilko's overtime goal gave the Leafs a 3-2 victory. Four months later, just as his hockey career was taking off, Barilko disappeared while returning from a weekend fishing trip in northern Ontario. He was in a single-engine private plane flown by family dentist Dr. Henry Hudson.



Joe Shalla of Parry Sound presents the compass he rescued from the site of the 1951 plane crash that took the life of Toronto Maple Leaf great, Bill Barilko. The plane wreckage was discovered 11 years after it went down in northern Ontario. Shown above, from left, are Scott Hill, Joe's grandson; Joe Shalla, Phill Pritchard, vice-president, curator of the Hockey Hall of Fame, Toronto; and Craig Campbell, manager of the resource centre and archives at the Hockey Hall of Fame, Toronto.

After 60 years, the treasured compass salvaged from this plane wreck has been donated by Joe Shalla to the Hockey Hall of Fame in Toronto. Joe wanted to make sure it's well looked after and didn't want to give it out to just anybody.



Young Joe Shalla in 1951 is shown on the left with his winning team. (L-R): Joe Shalla, Johnny Bourgeault, Albert Lahde and "Bummer" Doran. They combined to help Hearst Lumber Kings grab the opening contest of the NOHA Intermediate "B" finals.

Joe was admitted to Pinecrest at Belvedere on February 17, 2015 and is happy to join his wife Claire who

has resided at the Home since September 30, 2014. We look forward to getting to know them better and trust they will enjoy many years of quality time spent with us.

Pet Corner

Marg Tulloch loved having a visit with her daughter Heather's dog,



Lucy. This Australian Blue Heeler was admired and petted by many other Residents during her visit.

Lucy will be three



on July 4th.

We do not stop playing because we are old;
We grow old because we stop playing!

Doctor Appreciation Days

Dr. Clarke, Medical Director, received a token of appreciation from Lynn Whitely (left) and Donelda McConnell (right) from the Residents on Oakridge.



Ella Higman and Earl Donnelly thanked Dr. Thompson (centre) on behalf of the Residents on Pinecrest.

Gerald Williams presented Dr Stevens with his gift from the Residents of Cedarpark and Mapleview.



Ever Wonder ...?



Why love is not finding the perfect person,
but learning to see the imperfect person perfectly?
Why since light travels faster than sound,
people appear bright until you hear them speak?
Why the things that come to those who wait

may be the things left by those who got there first?

Staff News



New Staff: Welcome to Chantel Skinner, RPN, Nursing Dept. and to Lua Moslemi, Dietitian, who will be replacing Carol Koebel when she retires.

Deepest Sympathy to Anna & Richard Holloway on the loss of Richard's Dad; Sue Leveille on the death of her Grandson, and to Julie Armstrong on the loss of her Step-father.

Guardian Angel Tammy Ash

Tammy received her angel pin from Pauline Hind (left) and Yvonne Harvey (right).
Congratulations, Tammy!



Inspirational Thought



Rule 154 For a Better Way to Live
Sow a thought, reap an act;
Sow an act, reap a habit;
Sow a habit, reap a character;
Sow a character, reap a destiny.

Jessie Mullen's World Famous Butter

Tarts

Jessie Mullen made tasty Butter Tarts at Belvedere with her son Don (on left) and grandkids Devin and Aleesha and



Aleesha's friend Andre (right). Later Jessie shared her baking at the Fireside Cafe. Suzanne Pausner (left) and



Norma Taylor (right) are pictured sampling some of the delicious tarts.