

Belvedere Heights News & Views October 2013



Inspirational Thought



Rule 135 For a Better Way to Live
The Lord's creation we'll adore
As we observe each day unfold;
Let our imaginations soar
As we His handiwork behold

Winner of Picnic Basket



Eileen Laing (on left) drew Earl's name for the Picnic Basket. Yvonne Harvey (on right) holds the basket. Congratulations, Earl

Residents' Bill of Rights – Revised May 2010

26. Every Resident has the right to be given access to protected outdoor areas in order to enjoy outdoor activity unless the physical setting makes this impossible.

Staff Monthly Attendance Draws:

2013 WINNERS

Nursing Staff: Shirley Crocker

Support Staff: Chrissy Dumont

Winning tickets were drawn by Gene Hiltz, Tuck Shop Volunteer.



Miniature Pinscher **Daisy** and her family stopped by for a visit with Helga Timm. Back Row: L-R – Helga's son **Roy**, daughter **Tracy**, husband **Willie**, and grandson **Kieran** (holding **Daisy**). Front Row: Granddaughter **Rylee**, **Helga** and granddaughter **Cayla**.
What a wonderful family!

Ever Wonder ...?



Why the tooth is the only part of the human body that cannot heal itself?

Why intelligent people have more zinc and copper in their hair?

Why a comet's tail always points away from the sun?

Family Council Hosted Staff Appreciation Day



(L-R) **Jean Hiltz**, **Carol Ashton**, **Carol Koebel**, **Sherry Quinn** and **Pauline Hind** served/enjoyed BBQ'd hamburgers, hot dogs, salads and ice cream.

Pet Corner

Farewell, ADOC Connie Sands-Harris



Connie (on left) was given a farewell dinner at Wellington's by her co-workers. Speeches were short as it was very difficult to say "Good Bye" to someone who is loved by all!



Falls Tip #14

Always close cabinet or storage drawers behind you.



Do not leave drawers open that may cause a tripping hazard.

Silent Auction CNIB Camp Fundraiser



(L-R) Yvonne Harvey and Dolores Beattie did a great job organizing the Silent Auction as a fundraiser for the Resident's Camping Trip. Over \$900.00 was raised including Picnic Basket Sales. The famous peanut brittle made by Carole Vowels was a real money-maker and coveted by many!

Staff News

Welcome to Kaitlin Gale, Dietary Department.



Get Well Wishes go out to Bernice Beckett and Don Stone.

This Month's Guardian Angel

Congratulations Monika Harrison-Waefler

Welcome to New Residents:

Bob Giddings
Bernadette (Bernice) Asselstine
Mary Jane (Christine) Sopher
Hilda Bylow
Ruth Bailey

Tried & Tested Recipe

Raisin Sweet Potato (Yam) Cookies-Michelle Webb

1 cup butter, softened
1 cup sugar
1 egg
1 cup mashed sweet potatoes (yams)
1 tsp vanilla
2 cups all-purpose flour
1 tsp baking powder
1 tsp ground cinnamon
 $\frac{1}{2}$ tsp baking soda
 $\frac{1}{2}$ tsp salt
 $\frac{1}{2}$ tsp ground allspice
1 cup chopped pecans
1 cup raisins



In a large bowl cream butter and sugar until light and fluffy. Beat in egg, sweet potato and vanilla. Combine flour, baking powder, cinnamon, baking soda, salt and allspice; gradually adding to creamed mixture and mix well.



Fold in pecans and raisins. Drop by tablespoonsful 1 inch apart onto ungreased baking sheets. Bake at 375 degrees for 10 minutes or until edges begin to brown. Cool for 1 minute before removing to cool on wire racks. Store in airtight container.

In Memorium

Deepest Sympathy is extended to the families of:

Patricia Wagar
Bonnie Horne

Ferris Family Donation



Carol Marshall (on left) receives beautiful picture handmade by Viola Ferris in Viola's memory.



Her son **Jim** holds the picture with his sister **Penny** on right and **Charlie Brown** in front. Jim & Penny also donated numerous Bingo prizes to the Home.

Lorraine Walton Memorial Bench



L-R Lorraine Walton's daughters Marion Kapralos on left & Janet on right donated this beautiful bench in memory of their mother, Lorraine.



Health & Safety Tips - by Tessa Gardner

October is fire safety month. Check out the warning and advice from the local fire departments.
 Have you checked your smoke detectors?
 Replace every 8 - 10 years
 Have you checked your carbon monoxide detector?
 Replace every 5 - 7 years
 Do you have a fire escape plan and outside meeting place?

Grandparent's Brag Corner



Thelma Green's Great Grandsons Colby & Jesse Green in B.C. show off their catch of the day!

The Step between Prudence & Paranoia is Steep!



Prudence wears a seatbelt;
Paranoia avoids riding in cars.
Prudence washes with soap;
Paranoia avoids all human contact.
Prudence saves for old age;
Paranoia clings to every penny.
Prudence prepares and plans;
Paranoia panics.

Prudence calculates risks and takes the plunge;
Paranoia never enters the water.
Let's jump in the water and live life to its fullest!

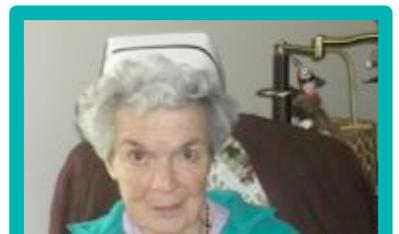
Beaucage Sisters Are Reunited



(L-R) Residents **Marion Carruthers, Christine Sopher,** and **Grace Miller-Watkinson** shared a table at the Belvedere's Monthly Birthday Party.

Feature Profile Bunty Crowell

Bunty Crowell (nee



Taylor) was born in Parry Sound on December 2, 1921 but lived in McKellar with her parents for many years. Her grandparents were pioneers in the district.

Bunty Croswell was a dedicated nurse with a tradition nearly as long as that of the hospital in which she worked. She retired in December, 1986 after serving at the Parry Sound District General Hospital for forty-three years. For the last thirty-five of those years, she had been the relief nursing supervisor on the 4-12 shifts.

Pine Lodge 1892... was built in 1880 by J.C. Miller of Parry Sound Lumber Company and converted to a



converted to a hospital in 1904. It was later known as the Parry Sound General Hospital, located on James Street in Parry Sound.

This would be the setting of Bunty's nursing career.

Bunty's husband Allan worked at the Ministry of Natural Resources. They had two children, Jane and Mary (Boehm). Mary and her husband Richard reside in Kitchener, Ontario. Bunty has two grandchildren, Joshua & Rachel Boehm. The couple enjoyed their boat, cottage and the Georgian Bay. Bunty's husband Allan passed away at the West Parry



Sound Health Centre on May 23, 2007 in his 92nd year. In the picture Bunty & Allan are erecting a flag pole at their cottage.

Bunty graduated as a nurse from St. Joseph's Hospital in Peterborough in 1943 and shortly thereafter began her career at the Parry Sound General Hospital. At this time the hospital consisted of the Miller house, later incorporated as the Miller Wing. Mrs. Croswell remembers that there were just four or five members of the nursing staff at that time and that they worked 12 hour shifts, 7 days a week, with a half day off once a week IF you got your work done early. She was in charge of the Obstetrics ward until 1952 when she

took time off to have a family. She returned to the hospital as a relief supervisor.

Bunty had a long standing interest in wild birds and maintained a bird feeder during the winter as well as provided peanuts for neighbouring blue jays all year round.

Bunty was admitted to Belvedere Heights on September 12, 2012. She still has that sparkle in her eye and quick wit that won her so many friends over the years.



Jane Croswell paused for a picture with her dog, Lucy when visiting with her Mom last fall.

Bunty's family:



(L-R) Bunty's Grand dog Zeus, Niece Rachel, Daughter Mary Boehm, Bunty, Son-in-law Richard Boehm, Grand dog Lucy Croswell, Grandson Joshua.